



1218 South Presa - San Antonio, Tx 78210  
P.O. Box 15644 San Antonio, Tx 78212-8844  
210.227.0295 210.227.7879 Fax  
[TriumphPublicSchools.org](http://TriumphPublicSchools.org)

# Strong Start!

## Triumph Public High Schools–School Reopening Guidance

*This guidance document is being provided based on the public health situation as we understand it today and takes effect immediately, both for summer school instruction ending the 2019-2020 school year and to help support Triumph Public High Schools in planning for the 2020-2021 school year. Changes to the public health situation over the course of the summer may necessitate changes to this guidance.*

*This guidance addresses:*

- On campus and virtual instruction
- Administrative activities by teachers, staff, or students that occur on school campuses or virtually
- Non-UIL extracurricular sports and activities
- Any other activities that teachers, staff, or students must complete that cannot be accomplished virtually
- Visits by parents and the general public

### Public Health Considerations

*The virus that causes COVID-19 can infect people of all ages, and school system leaders should do everything feasible to keep students, teachers, staff, and our communities safe. That said, research from the Centers for Disease Control (CDC), among others, has found that while children do get infected by COVID-19 and some severe outcomes have been reported in children, relatively few children with COVID-19 are hospitalized or have severe symptoms. Furthermore, the American Academy of Pediatrics notes that COVID-19 risks must be balanced with the need for children to attend school in person, given that lack of physical access to school leads to a number of negative consequences, placing “children and adolescents at considerable risk of morbidity, and in some case, mortality.”*

*While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps schools can take to reduce the risks to students, teachers, staff, and their families significantly. This guidance document contains information on four sets of practices that minimize the likelihood of viral spread, including some that are requirements for all schools and others that are recommendations:*

- ✓ **PROVIDE NOTICE:** Requirements for parental and public notices
- ✓ **PREVENT:** Required practices to prevent the virus from entering the school
- ✓ **RESPOND:** Required practices to respond to a lab-confirmed case in the school
- ✓ **MITIGATE:** Recommended and required practices to reduce likely spread inside the school

*The prevention and mitigation practices outlined in this document are designed to significantly reduce the likelihood that a coronavirus outbreak occurs on campus. Some practices are required for all school systems, some are required in areas with high levels of community spread, and some are recommendations. Consistently implementing recommendations to the extent feasible is the best way to reduce the potential negative impact of infection on students' educational experiences. Additionally, systems should consider stringently applying recommended practices to adults on campuses, even when it might not be feasible to do so for students, to more fully protect adult teachers and staff who are generally at greater risk from COVID-19 than students.*

*There will almost certainly be situations that necessitate temporary school closure due to positive COVID-19 cases in schools. Parents, educators, and school administrators should be prepared for this in the event that it occurs, while actively working to prevent it through prevention and mitigation practices.*



## TEA Requirement

- ✓ Provide Notice: Requirements for parental and public notices

Triumph Public High Schools is providing notice to parents, families, and the community regarding back-to-school plans and instruction through this initial document. As further required, one week prior to the start of school, a plan to mitigate COVID-19 will be disseminated via SchoolMessenger to all families and posted on the main charter district and individual campus websites. Preliminary information is posted in this guidance and is subject to change based on state and local decisions.

**COVID-19 Response Team** – Triumph Public High Schools has developed a COVID-19 Response Team to respond to concerns and communicate district decisions. Members of the team and email addresses are noted below by site, campus and location:

SITE(S) SERVED	NAME	POSITION	EMAIL ADDRESSES
<b>CENTRAL OFFICE LOCATION: SAN ANTONIO, TEXAS</b>			
Serves for All TPHS Sites and TPHS Campuses	Frances Berrones-Johnson	Superintendent/CEO	<a href="mailto:frances.johnson@triumphpublicschools.org">frances.johnson@triumphpublicschools.org</a>
Serves for All TPHS Sites and TPHS Campuses	Daniel Hall	Director of HR & Risk Mgmt.	<a href="mailto:daniel.hall@triumphpublicschools.org">daniel.hall@triumphpublicschools.org</a>
<b>BUSINESS/PEIMS OFFICE LOCATION: MCALLEN, TX</b>			
TPHS Business/PEIMS Office	Myriam Rios	Finance Officer	<a href="mailto:myriam.rios@triumphpublicschools.org">myriam.rios@triumphpublicschools.org</a>
<b>CAMPUS LOCATION: EL PASO, TX</b>			
TPHS-El Paso East	Luis Liano	Principal	<a href="mailto:luis.liano@triumphpublicschools.org">luis.liano@triumphpublicschools.org</a>
TPHS-El Paso West	Patricia Ramos	Principal	<a href="mailto:patricia.ramos@triumphpublicschools.org">patricia.ramos@triumphpublicschools.org</a>
<b>CAMPUS LOCATION: LAREDO, TX</b>			
TPHS-Laredo North	Olga Treviño	Principal	<a href="mailto:olga.trevino@triumphpublicschools.org">olga.trevino@triumphpublicschools.org</a>
TPHS-Laredo South	Gerardo "Odie" Arambula	Principal	<a href="mailto:odie.arambula@triumphpublicschools.org">odie.arambula@triumphpublicschools.org</a>
<b>CAMPUS LOCATIONS: RIO GRANDE VALLEY [MERCEDES, MCALLEN, SAN BENITO, BROWNSVILLE, TX]</b>			
TPHS-Mercedes	Mischellene Pemelton	Principal	<a href="mailto:mischellene.pemelton@triumphpublicschools.org">mischellene.pemelton@triumphpublicschools.org</a>
TPHS-McAllen	Patricia Jasso	Interim Principal	<a href="mailto:patricia.jasso@triumphpublicschools.org">patricia.jasso@triumphpublicschools.org</a>
TPHS-San Benito	Dr. Hans Schuller	Principal	<a href="mailto:hans.schuller@triumphpublicschools.org">hans.schuller@triumphpublicschools.org</a>
TPHS-Brownsville	Yolanda Chamberlain	Principal	<a href="mailto:yolanda.chamberlain@triumphpublicschools.org">yolanda.chamberlain@triumphpublicschools.org</a>
<b>CAMPUS LOCATION: LUBBOCK, TX</b>			
TPHS-Lubbock	Trent Cook	Principal	<a href="mailto:trent.cook@triumphpublicschools.org">trent.cook@triumphpublicschools.org</a>

## TEA Requirement

- ✓ Prevent: Required practices to prevent the virus from entering the schools, and
- ✓ Mitigate: Recommended and required practices to reduce likely spread inside the school

Triumph Public High Schools has identified and implemented practices to prevent the virus from entering the school and mitigate or reduce the likely spread inside the school; therefore, charter district practices and guidelines have been established for various areas noted below:

## Health and Safety Guidance

- **Social and Emotional Well-Being** – Students' social and emotional well-being are a top priority. Together, schools and families can support your student during this challenging time. With the endless COVID coverage, it is natural for your student to experience some changes in behavior and mood. Counselors and/or designated staff will continue to work closely with families and students to ease the stress. Keeping routines predictable, sharing COVID facts, making time to listen and share feelings, and reaching out to us for support are all important. We are here for you and your student(s).



- **Educating Staff and Students** – TPHS teachers and staff are required to be trained specifically on the protocols outlined in this document and the practices adopted by TPHS. Additionally, while not developed with this exact guidance in mind, teachers and staff will be required to view the Texas Agri-Life Extension free 2hr. online course on [Special Considerations for Infection Control During COVID-19](#) prior to the first day of instruction.

Conversely, utilizing CDC training resources, TPHS students will be trained on Proper Hand Hygiene, Respiratory Etiquette, How to Properly Wear a Cloth Face Coverings and How to Help Clean and Disinfect Desk and Counter Tops prior to their first day of school in-person attendance.

- **Masks** – Schools are expected to comply with the Governor’s Executive Order for wearing masks or face shields, where this is most developmentally appropriate. At TPHS, all adults are required to wear masks when in the building, classroom, and/or office with others. Exceptions to this requirement include lunch breaks with appropriate social distancing. TPHS teachers may use face shields; but are required to wear a face coverings when a face shield is not worn and are required to maintain social distancing when providing direct instruction in the classroom. During classroom monitoring and circulations, masks are required.

TPHS students are required to wear masks when riding in a school vehicle and during the school day while on-campus or other TPHS facility. Exceptions to this requirement include during meals and other activities. For example, it may be impractical for students to wear masks or face shields while participating in some non-athletic or other extracurricular activities. When it is impractical for students to wear masks or face shields during those activities, TPHS students, teachers, staff, and visitors are required to wear masks or face shields when entering and exiting facilities and practice areas and when not actively engaging in those activities. TPHS may, for example, allow students who are actively exercising to remove masks or face shields, as long as they maintain at least six feet of distance from other students, teachers, and staff who are not wearing masks or face shields. However, TPHS students, teachers, and staff are required to wear masks or face shields as they arrange themselves in positions that will allow them to maintain safe distancing.

Staff and students are advised that re-usable masks and face shields be required to be thoroughly cleaned daily. Sharing of masks with other family members is extremely risky and will be strongly discouraged.

- **Handwashing/Sanitizing** – TPHS students and staff are required to use hand sanitizer when entering a TPHS school vehicle, building, classroom, and/or office. Frequent handwashing and sanitizing will also be incorporated in the daily schedule. Each classroom will be provided with sanitation kits that will be used during transitions. TPHS school vehicles, classrooms, and other common areas within the school will be thoroughly disinfected daily and deep cleaning schedules will be regularly conducted.
- **Temperature Checks/Screening** – Per Center for Disease Control (CDC) guidelines, initial monitoring of symptoms begins at home. Individuals who are feeling ill, including symptoms like fever, cough, shortness of breath, sore throat, abdominal pain, fatigue, muscle aches, or headache, should stay at home and consult with a medical professional regarding school participation.

Temperatures will be taken for each student before riding on a TPHS vehicle. If a student’s temperature is at or above 100°, the student will not be allowed on the school vehicle and will be given a medical/safety information sheet with guidelines that must be followed before he/she is allowed to return to school. For students who are dropped off by parents, temperatures will be taken before the student is allowed in the campus. If a student’s temperature is at or above 100°, the student will not be allowed to stay in school and will be given a medical/safety information sheet, which, again, must be followed before he/she is allowed to return to school. In some instances, a release from a medical professional may be required.

Based on TEA Guidance:

*“Parents must ensure they do not send a student to school on campus if the student has COVID-19 symptoms (as listed in this document) or is lab-confirmed with COVID-19, and instead should opt to receive remote instruction until the below conditions for re-entry are met. Parents may also opt to have their students receive remote instruction if their student has had close contact with an individual who is lab-confirmed with COVID-19 until the 14-day incubation*



*period has passed. TPHS will screen students for COVID-19. Screening will be accomplished by asking questions by phone or other electronic methods and/or in person. The screening questions will also be asked of a student's parent if that parent will be dropping off or picking up their student from inside the school."*

TPHS teachers and staff are required to self-monitor. The self-screening includes teachers and staff taking their own temperature. Teachers and staff must report to the campus COVID-19 Response Team member if they themselves have COVID-19 symptoms or are lab-confirmed with COVID-19, and, if so, they must remain off campus until they meet the criteria for re-entry as noted below. Additionally, they must report to the school system if they have had close contact with an individual who is lab-confirmed with COVID-19, as defined at the end of this document, and, if so, must remain off campus until the 14-day incubation period has passed.

Excluding parental drop-off and pick-up, before visitors are allowed onto campuses, TPHS will screen all visitors to determine if the visitors have COVID-19 symptoms or are lab-confirmed with COVID-19, and, if so, they must remain off campus until they meet the criteria for re-entry as noted below. Additionally, TPHS will screen to determine if visitors have had close contact with an individual who is lab-confirmed with COVID-19, and, if so, they must remain off campus until the 14-day incubation period has passed. When practical, screening questions may be supplemented with temperature checks of adults.

TPHS COVID-19 Response Team members have been trained to support and assist with identifying and reporting health and safety matters to local medical facilities and to central office.

#### SYMPTOMS OF COVID-19 FOR SCREENING

*People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. This list does not include all possible symptoms. CDC will continue to update this list as it learns more about COVID-19*

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

▪ Feeling feverish or a measured temperature greater than or equal to 100.0degrees Fahrenheit	▪ Loss of taste or smell
▪ Cough	▪ Difficulty breathing
▪ Shortness of breath	▪ Fatigue
▪ Headache	▪ Chills
▪ Sore throat	▪ Congestion or runny nose
▪ Shaking or exaggerated shivering	▪ Significant muscle pain or ache
▪ Diarrhea	▪ Nausea or vomiting

#### WHEN TO SEEK EMERGENCY MEDICAL ATTENTION

Look for emergency warning signs for COVID-19. This list is not all possible symptoms. TPHS staff will monitor for any symptoms that are severe or concerning. It is likely that following guidelines for sending staff and students home according to CDC guidelines will prevent a presentation of emergency COVID-19 symptoms on-campus, but TPHS staff and administrators will be aware of when to seek medical attention.

**Call 911 or call ahead to your local emergency facility:** Notify the operator that you are seeking care for someone who has or may have COVID-19.

#### **If someone is showing any of these signs, seek emergency medical care immediately:**

▪ Trouble breathing	▪ Inability to wake or stay awake
▪ Persistent pain or pressure in the chest	▪ Bluish lips or face
▪ New confusion	

- **Social Distancing** – TPHS staff and students will maintain six feet of social distancing in indoor and outdoor settings, **to the extent possible**. Classrooms will be arranged to allow for six feet of space between seating areas, **as feasible**, and transitions will be monitored at all TPHS campuses. Staggered school start and dismissal times, along with passing



periods will be used. TPHS students will be assigned to classroom and student cohorts as much as possible to minimize their interactions with others.

- **Personal Protective Equipment** – TPHS staff and students are expected to provide their own masks. If individuals need assistance with this matter, TPHS will have equipment, e.g., masks, sanitizers, etc., available.
- **Students with Health Conditions** – Parents and families know their student's needs. While TPHS is taking all measures to ensure each student's safety, parents must place their student's health needs first. To this effect, remote learning options are discussed later.

CONDITIONS AND OTHER RISK FACTORS FOR SEVERE ILLNESS FROM COVID-19 <a href="https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk-old.html">https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk-old.html</a>	
▪ Asthma	▪ Liver disease
▪ Chronic kidney disease being treated with dialysis	▪ People in nursing homes or long-term care facilities
▪ Chronic lung disease	▪ People aged 65 years and older
▪ Diabetes	▪ Serious heart conditions
▪ Hemoglobin disorders	▪ Severe obesity
▪ Immunocompromised	

- **COVID-19 Cases** – Triumph Public High Schools will take all safety precautions. However, if a student or staff member tests positive, the cohort will shift to remote learning for 14 days (includes weekends). If a TPHS student or staff member has been in close and/or prolonged contact with someone who has tested positive, the cohort will move to remote instruction for a minimum of three days to allow for additional sanitation/disinfecting and monitoring. TPHS staff and students who test positive and/or were directly exposed will not be permitted to return to school until they meet the below re-entry criteria.
- Consistent with TPHS notification requirements for other communicable diseases, and consistent with legal confidentiality requirements, TPHS will notify all teachers, staff, and families of all students in a school if a lab-confirmed COVID-19 case is identified among students, teachers or staff who participate on any on campus activities.

#### TEA Guidance on Individuals Confirmed or Suspected with COVID-19:

*Any individual who themselves either:*

- are lab-confirmed to have COVID-19; or*
- experience the symptoms of COVID-19 (listed below) must stay at home throughout the infection period, and cannot return to campus until the school system screens the individual to determine any of the below conditions for campus re-entry have been met:*
  - *In the case of an individual who was diagnosed with COVID-19, the individual may return to school when all three of the following criteria are met:*
    - at least one day (24 hours) has passed since recovery (resolution of fever without the use of fever-reducing medications);*
    - the individual has improvement in symptoms (e.g., cough, shortness of breath); and*
    - at least ten days have passed since symptoms first appeared.*
  - *In the case of an individual who has symptoms that could be COVID-19 and who is not evaluated by a medical professional or tested for COVID-19, such individual is assumed to have COVID-19, and the individual may not return to the campus until the individual has completed the same three-step set of criteria listed above.*
  - *If the individual has symptoms that could be COVID-19 and wants to return to school before completing the above stay at home period, the individual must either:*
    - obtain a medical professional's note clearing the individual for return based on an alternative diagnosis or*



- b) obtain an acute infection test at an approved testing location found at <https://tdem.texas.gov/covid-19/> that comes back negative for COVID-19.

#### TEA Guidance on Identifying Possible COVID-19 Cases on Campus

- TPHS will immediately separate any student who shows COVID-19 symptoms while at school until the student can be picked up by a parent or guardian.
- TPHS will clean the areas used by the individual who shows COVID-19 symptoms while at school (student, teacher, or staff) as soon as is feasible.
- Students who report feeling feverish will be given an immediate temperature check to determine if they are symptomatic for COVID-19.

### *Campuses and Classrooms*

- **Visible Signs and Messages on School Entrances and Restrooms** – TPHS will utilize CDC printed resources or the like such as posters to promote protective measures that will serve as helpful reminders of best practices to include signage that indicates:
  - Stop the spread of germs
  - Proper hand washing
  - Proper wear of a face covering
  - Physical Guides, such as tape on floors or sidewalks and signs on walls, to ensure that staff and students remain at least 6 feet apart in lines and at other times
  - Physical Guides, for creating one way routes in hallways, staircases
- **Cohorts** – When possible, TPHS students and staff will be assigned to cohorts or groups. These cohorts will stay together for defined periods of time. Each cohort will use common areas, such as eating areas, outdoor recreational areas etc., together as a group. This concept is intended to minimize the interactions of cohorts with other TPHS students and staff.
- **Visitors, Drop-off, and Pick-Up** – All TPHS campus visits must be scheduled via an appointment. Sanitizing will occur after each parent meeting. The number of visitors at TPHS will be limited to ensure that students are safe; therefore, alternative meeting options may be scheduled, including virtual meetings. Each school will have procedures in place for daily drop-off and pick-up. This information will be communicated prior to the first day of school during the parent/student orientation process.

Traditional TPHS events such as Open House, Parent Nights, etc., have been temporarily suspended. Once the COVID situation has flat lined, TPHS will reevaluate how to proceed with these activities. TPHS campuses will use other means to keep parents and families up-to-date and engaged in their student's learning, including online platforms and more traditional means such as telephone communications.

- **Classroom Configurations** – TPHS will arrange student-learning spaces six feet apart, **as feasible**. In some instances, common areas may be used for instruction with similar distancing.
- **Restrooms and Water Fountains** – TPHS students' physical needs are extremely important. Social distancing and hand washing will remain the priorities during restroom breaks. Because water dispensers have shared surfaces, these will be disabled/turned off. TPHS students will be provided with other options for hydration. Further information regarding restroom use will be communicated prior to the start of the school year per campus. Information may include that students will not be allowed to utilize restroom facilities during passing time to avoid unnecessary congregation of students. Instead, through a coordinated schedule, students will be allowed to utilize restroom facilities after they have entered their designated classrooms.
- **Materials and Supplies** – TPHS students will be expected to use their own materials and supplies, which will be kept in individually assigned boxes/areas. Sharing of materials **will not** be allowed. In instances where multiple students use technology, books, calculators, etc., proper sanitation protocols will be enforced.





- **Backpacks and Other Personal Items [Not Including PPE]** – TPHS students will not be permitted to bring backpacks and other personal items from home. All supplies will be kept in the classroom to minimize contact.
- **Additional Instructors in Classrooms** – In certain instances, additional TPHS staff members may be assigned to classrooms to instruct specific students. These individuals will sanitize prior to entering and exiting the classroom, and masks will be required as they interact with students using social distancing.
- **Class Transitions** – TPHS is currently developing guidance regarding cohort models for TPHS students, particularly since students engaged in a face-to-face instructional model are still expected to attend classes to receive credit. Transitions will be better defined in the separate TPHS instructional continuity plan.
- **Other Operations** – TPHS campuses are implementing:
  - Procedures on how staff and students will ENTER facility(ies),
  - Procedures on how staff and students will EXIT facility(ies),
  - Marking hallways with taped arrows to indicate walking direction. If a campus has only one main hallway, a division line will be marked with tape down the center of the hallway to create two lanes. Each lane will be marked with the walking direction.
  - [For facilities with staircases] Marking staircases with tape down the center of the staircase to create two lanes, marking each lane with the walking direction.
  - Thorough ventilation of facilities by opening all doors and windows and turning the fan option on for the central air conditioning/heating systems for the amount of time it takes for a complete air exchange in the building, when possible increase the percentage of outdoor air that circulates into the building ventilation system,
  - Reducing the risk of contamination from door handles and encouraging social distancing, entry doors utilized for morning entry and afternoon dismissal will be kept open. However, because it is still vital to maintain security and access control, any open doors will be continuously monitored by staff to stop unauthorized access and monitor for threats,
  - Outdoor classroom teaching or learning activities as weather permits and if social distancing can be maintained,
  - Keeping doors to classrooms open between classes to minimize contact of doors and door handles by students and staff entering or exiting classrooms.
  - Providing disinfectant to each classroom so that door handles and commonly touched surfaces can be readily disinfected as needed, and
  - Whenever possible, opening windows or otherwise working to improve airflow by allowing outside air to circulate in the building.
- **Field Trips** – TPHS will refrain from scheduling field trips and other academic/social events until further notice.

### Instructional Models

- **Face-to-Face Instruction and Remote/Virtual Learning** – Our goal is to **Start Strong!** While Triumph Public High Schools is taking multiple precautions to protect both students and staff in school operations, we will offer parents the option for either face-to-face or remote/virtual learning. In both instances, students are expected to participate and remain engaged in high quality instruction. Each of these options is described below:
  - **Face-to-Face Instruction** – Students attend school daily, as with the regular school year, and follow safety, sanitation, and social distancing expectations.
  - **Remote/Virtual Learning** – Students participate in classroom instruction via remote/virtual learning and are expected to complete and submit assignments as communicated by the remote/virtual learning teacher(s). This home-learning model is an extension of the classroom and includes the same high-level expectations for participation and assignments as face-to-face.

In both models, TPHS will provide instruction in the Texas Essential Knowledge and Skills (TEKS) for the required subject/course. Monitoring student learning and progress remains integral to the success of our TPHS students. This



includes attendance, grades, formative/summative assessments, and other monitoring systems that help teachers know how students are making progress.

Unless otherwise noted by the TPHS campus principal, once a commitment to the instructional model has been communicated by the parent/family, a request must be submitted in writing to shift to the other model. These transitions must be approved and processed by the school and may take up to two weeks. Attendance in the current model is mandatory. To minimize academic growth gaps, TPHS highly recommends that the parent/student commit to the selected model for a minimum of one grading period [nine weeks].

Remote/virtual instruction will be delivered through asynchronous instruction that does not require having the instructor and student engaged at the same time. In this method, students learn from instruction that is not necessarily being delivered in-person or in real time. This type of instruction may include various forms of digital and online learning, such as prerecorded video lessons or game-based learning tasks that students complete on their own, and pre-assigned work and formative assessments made available to students on paper. *[From time to time, when feasible, and appropriate, synchronous instruction may be provided. During synchronous instruction, the student is required to stay engaged with the instructor for a predetermined period of time; but that one engagement/interaction will still be counted as part of the overall asynchronous instruction.]* The instructional method will address the required curriculum, per TEC, §28.002.

- **Attendance** – TPHS funding and resources are linked to attendance. Attendance will be taken each day for both face-to-face **and** remote/virtual learning to ensure that students are actively engaged. During remote/virtual instruction, students are expected to participate and fully engage as communicated by the teacher to receive attendance credit.

TPHS parents and students will be provided with a notice published by the Texas Education Agency explaining their public education enrollment and attendance rights and responsibilities during the COVID-19 pandemic. Parents and students will receive such notice during orientation and specifically before the student's first day of instruction whether in-person or virtual/remote.

In addition, per Texas Education Code (TEC), §25.092, students must attend 90% of the days a course is offered in order to be awarded credit for the course and/or to be promoted to the next grade. This requirement remains in force during the 2020-2021 school year. This requirement applies to both face-to-face and remote/virtual instruction.

- **Grading** – State law requires each district to adopt its own grading policies. This policy must require a classroom teacher to assign a grade that reflects the student's relative mastery of an assignment. Triumph Public High Schools' grading policies are published annually on the [www.triumphpublicschools.org](http://www.triumphpublicschools.org) website. Progress reports and report cards, along with parent conferences, will be used to communicate each student's progress and performance.
- **State and Local Testing** – All TPHS students are expected to follow state and local testing requirements, whether participating in face-to-face or remote/virtual instruction.

### Meals and Transportation

- **Meals** – Triumph Public High Schools must comply with the established local child nutrition guidelines.  
**Breakfast and Snacks at TPHS** - Grab and Go breakfast meals will be provided as first track students enter TPHS and students will eat in designated areas adhering to social distancing at all times.
- **Transportation** – Temperatures will be taken for each student before riding any TPHS school vehicle. If a student's temperature is at or above 100°, the student will not be allowed on the school vehicle and will be given a medical/safety information sheet with guidelines that must be followed before he/she is allowed to return school.

Seating arrangements will be established to comply with TEA's social distancing requirements for school transportation. School vehicles will be disinfected after every use.





### Electives: P.E., CTE Courses, etc.

- **P.E.** – Details are being developed for Physical Education programs to align with the TEKS course expectations. TPHS will base course expectations on recommended U.I.L. COVID guidelines for athletic programs.
- **CTE Courses** – Certain CTE courses include hands-on experiences. Social distancing and sanitation requirements will be further defined and communicated prior to the beginning of that CTE course. Students enrolled in such CTE courses and have selected remote/virtual learning, may be asked to come on campus for those hands-on experiences. If the student is unable or not willing to come-in for those hands-on experiences, they student will need to request a schedule change so that only CTE remote/virtual learning courses are made available to them.

### Special Programs

- **Program Participation and Services** – Students currently participating in special program services, e.g., special education, 504, Bilingual/ESL, etc., will continue to receive services whether through face-to-face or remote/virtual learning. Parent meetings may be held using virtual meeting platforms.
- **Evaluations and Testing** – TPHS protocols have been established to evaluate students who have been referred for special programs. Social distancing and/or personal protective equipment (PPE) will be used, as appropriate.

### Extracurricular Activities

- **Extracurricular Activities** – Each program will be evaluated on a case-by-case basis to determine implementation guidelines. Program sponsors will provide information to students and parents/families, as information is available.

### TEA Requirement:

- ✓ Respond: Required practices to respond to a lab-confirmed case in the school

Triumph Public High Schools will identify and implement responsive actions to address the situation if there are lab-confirmed cases at any TPHS campus or facility.

#### Based on TEA Guidance: TPHS Will Take the Following Required Actions if Individuals with Lab-Confirmed Cases Have Been in a School:

1. *If an individual who has been in a TPHS campus is lab-confirmed to have COVID-19, the TPHS COVID-19 Response Team campus member will notify its local health department, in accordance with applicable federal, state and local laws and regulations, including confidentiality requirements of the Americans with Disabilities Act (ADA) and Family Educational Rights and Privacy Act (FERPA).*
2. *TPHS will close off areas that are heavily used by the individual with the lab-confirmed case (student, teacher, or staff) until the non-porous surfaces in those areas can be disinfected, unless more than 7 days have already passed since that person was on campus.*
3. *Consistent with school notification requirements for other communicable diseases, and consistent with legal confidentiality requirements, TPHS will notify all teachers, staff, and families of all students in a TPHS campus if a lab-confirmed COVID-19 case is identified among students, teachers or staff who participate on any on campus activities.*

*COVID-19: SYMPTOM SCREENING TOOL  
FOR VISITORS, STUDENTS AND STAFF*



*COVID-19: HERRAMIENTA DE DETECCIÓN DE SÍNTOMAS  
PARA VISITANTES, ESTUDIANTES Y PERSONAL*

DATE: \_\_\_\_ / \_\_\_\_ / 20\_\_\_\_



## COVID-19: SYMPTOM SCREENING TOOL FOR VISITORS, STUDENTS AND STAFF

**Public Health Consideration:** The virus that causes COVID-19 can infect people of all ages. Research from the Centers for Disease Control, among others, has found that while children do get infected by COVID-19, relatively few children with COVID-19 are hospitalized. However, some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable. While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps schools can take to reduce the risks to students, teachers, staff, and their families significantly.

Even if an infected person is only mildly ill, the people they spread it to may become seriously ill or even die, especially if that person is 65 or older with pre-existing health conditions that place them at higher risk. Because of the hidden nature of this threat, everyone should rigorously follow the practices specified in these protocols, all of which facilitate a safe and measured reopening of Texas.

To this effect, **TRIUMPH PUBLIC HIGH SCHOOLS** is requesting that visitors, students, and staff entering a **TPHS** facility complete the following screening tool:

1. **NAME:** \_\_\_\_\_ **DATE AND MONTH OF BIRTH (DD/MM):** \_\_\_\_ / \_\_\_\_

Have you washed your hands or used alcohol-based hand rub (ABHR) on entry?

☐ **YES:** Proceed to question #2.

☐ **NO:** Please wash your hands or use ABHR before going further.

2. Have you recently begun experiencing any of the following symptoms in a way that is not normal for you?

### SYMPTOMS OF COVID-19

- Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit
- Cough
- Shortness of breath
- Headache
- Sore throat
- Shaking or exaggerated shivering
- Diarrhea

- Loss of taste or smell
- Difficulty breathing
- Fatigue
- Chills
- Congestion or runny nose
- Significant muscle pain or ache
- Nausea or vomiting

☐ **YES: DO NOT PROCEED FURTHER. PLEASE RETURN HOME.**

☐ **NO:** Proceed to question #3.

3. Have you been in close contact with a person who is lab confirmed to have COVID-19 and is still within the required 14-day quarantine timeframe?

☐ **YES: DO NOT PROCEED FURTHER. PLEASE RETURN HOME.**

☐ **NO:** Proceed to question #4.

4. Have you been in close contact with a person who had been lab confirmed to have COVID-19; but has met all listed criteria?

- ✓ Completed the required 14-day quarantine timeframe;
- ✓ At least one days (24 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications);
- ✓ Has improvement in respiratory symptoms (e.g., cough, shortness of breath); and
- ✓ At least 10 days have passed since symptoms first appeared.

☐ **NOT APPLICABLE:** Proceed to question #5. **OR**

☐ **YES:** The person I came into contact with met all criteria.  
Proceed to question #5.

☐ **NO:** The infected individual **has not** met all listed criteria.  
**DO NOT PROCEED FURTHER. PLEASE RETURN HOME.**

5. Have you traveled to an area that was a "hot spot" for COVID-19, such as New York City?

☐ **YES, DO NOT PROCEED FURTHER. PLEASE RETURN HOME.**

☐ **NO:** Proceed to question #6.

6. If you traveled to any area outside of the city limits, not necessarily a "hot spot" for COVID-19,

- ✓ did you come into contact with anyone confirmed or suspected of having COVID-19,
- ✓ did you happen to come into contact with anyone exhibiting symptoms of COVID-19, and/or
- ✓ did anyone you came into contact had been in contact with someone known or suspected to have COVID-19?

☐ **YES: DO NOT PROCEED FURTHER. PLEASE RETURN HOME.**

☐ **NO:** Proceed to #7.

7. If you completed this screening tool without a warning to **PLEASE RETURN HOME**, visitors will be permitted to remain in the facility; but must wear a facemask while in the building and must remain in the designated location. Staff and students must wear a facemask/covering while in the building and may report to their designated room. **THANK YOU**

FECHA: \_\_\_\_ / \_\_\_\_ / 20\_\_\_\_



## COVID-19: HERRAMIENTA DE DETECCIÓN DE SÍNTOMAS PARA VISITANTES, ESTUDIANTES Y PERSONAL

**Consideración de la salud pública:** El virus que causa COVID-19 puede infectar a personas de todas las edades. La investigación de los Centros para el Control de Enfermedades, entre otros, ha encontrado que, aunque los niños sí se infectan con COVID-19, relativamente pocos niños con COVID-19 están hospitalizados. Sin embargo, se han notado algunos resultados graves en niños, y un niño con un caso leve o incluso asintomático de COVID-19 puede propagar la infección a otras personas que pueden ser mucho más vulnerables. Aunque no es posible eliminar todo riesgo de promover la propagación de COVID-19, la ciencia actual sugiere que hay muchas medidas que las escuelas pueden tomar para reducir los riesgos para los estudiantes, los maestros, el personal y sus familias significativamente.

Incluso si una persona infectada sólo está levemente enferma, las personas a las que la propagan pueden enfermarse gravemente o incluso morir, especialmente si esa persona tiene 65 años o más con condiciones de salud preexistentes que los colocan en mayor riesgo. Debido a la naturaleza oculta de esta amenaza, todo el mundo debe seguir rigurosamente las prácticas especificadas en estos protocolos, los cuales facilitan una reapertura segura y moderada de Texas.

Para tal efecto, **TRIUMPH PUBLIC HIGH SCHOOLS** solicita que los visitantes, estudiantes y personal que ingresan en una instalación de **TPHS** completen la siguiente herramienta de selección:

1. **NOMBRE:** \_\_\_\_\_ **DIA Y MES DE NACIMIENTO (DD/MM):** \_\_\_\_ / \_\_\_\_

¿Te has lavado las manos o usado alcohol en gel para las manos al entrar?

☐ **SI:** Continúe con la pregunta #2.

☐ **NO:** Favor de lavarse las manos o usar alcohol en gel antes de seguir adelante.

2. ¿Has empezado a experimentar alguno de los siguientes síntomas de una manera que no es normal para ti?

### SÍNTOMAS DE COVID-19

- |  |   |
|--|---|
| <ul style="list-style-type: none"><li>▪ Sensación de fiebre o una temperatura medida mayor o igual a 100.0 grados Fahrenheit</li><li>▪ Tos</li><li>▪ Corta respiración</li><li>▪ Dolor de cabeza</li><li>▪ Dolor de garganta</li><li>▪ Temblores repetidos con escalofríos</li><li>▪ Diarrea</li></ul> | <ul style="list-style-type: none"><li>▪ Pérdida del sentido del gusto u olor</li><li>▪ Dificultad para respirar</li><li>▪ Cansancio</li><li>▪ Escalofríos</li><li>▪ Congestión o escurrimiento nasal</li><li>▪ Dolor muscular significativo o dolor</li><li>▪ Náusea o vómito</li></ul> |
|--|---|

☐ **SI: NO PROCEDA. POR FAVOR, REGRESE A CASA.**

☐ **NO:** Continúe con la pregunta #3.

3. ¿Ha estado usted en contacto con una persona que está confirmada por un laboratorio que tiene COVID-19 y que todavía está dentro del plazo de cuarentena requerido de 14 días?

☐ **SI: NO PROCEDA. POR FAVOR, REGRESE A CASA.**

☐ **NO:** Continúe con la pregunta #4.

4. ¿Ha estado usted en contacto cercano con una persona que había sido confirmada en el laboratorio que tenía COVID-19 y que ha cumplido con todos los criterios enumerados?

- ✓ Completado el plazo de cuarentena requerido de 14 días;
- ✓ Al menos un día (24 horas) han pasado desde la recuperación (resolución de la fiebre sin el uso de medicamentos reductores de la fiebre);
- ✓ Tiene mejoría en los síntomas respiratorios (p. ej., tos, dificultad para respirar); y
- ✓ Han pasado al menos 10 días desde que aparecieron los síntomas.

☐ **NO APLICA:** Continúe con la pregunta #5. **O**

☐ **SI:** La persona infectada ya cumplido con todos los criterios. Continúe con la pregunta #5.

☐ **NO:** La persona infectada no ha cumplido con todos los criterios enumerados. **NO PROCEDA. POR FAVOR, REGRESE A CASA.**

5. ¿Ha viajado a un área que era una "zona de alto riesgo" para COVID-19, como la ciudad de Nueva York?

☐ **SI: NO PROCEDA. POR FAVOR, REGRESE A CASA.**

☐ **NO:** Continúe con la pregunta #6.

6. Si viajó a cualquier área fuera de los límites de la ciudad, no necesariamente un "zona de alto riesgo" para COVID-19,

- ✓ ¿entró en contacto con alguien confirmado o sospechoso de tener COVID-19?
- ✓ ¿entró en contacto con alguien que presenta síntomas de COVID-19?, y/o
- ✓ ¿entró en contacto con alguien que entró en contacto con alguien conocido o sospechoso de tener COVID-19?

☐ **SI: NO PROCEDA. POR FAVOR, REGRESE A CASA.**

☐ **NO:** Continúe con la pregunta #7.

7. Si completó esta herramienta de selección sin una advertencia de **POR FAVOR, REGRESE A CASA**, se les permitirá a los visitantes permanecer en las instalaciones; pero debe usar una máscara facial mientras está en el edificio y debe permanecer en el lugar designado. El personal y los estudiantes de la escuela deben usar una máscara facial mientras están en el edificio y pueden presentarse en su salón designado. **GRACIAS**

*COVID-19 MEDICAL/SAFETY INFORMATION SHEET*  
*CAMPUS RE-ENTRY CRITERIA*  
*FOR PARENTS, STUDENTS, AND STAFF*



*COVID-19 HOJA DE INFORMACION MEDICA/ DE SEGURIDAD*  
*CRITERIOS DE REINGRESO AL CAMPUS*  
*PARA PADRES, ESTUDIANTES Y PERSONAL*



## COVID-19 MEDICAL/SAFETY INFORMATION SHEET

### CAMPUS RE-ENTRY CRITERIA

FOR PARENTS, STUDENTS, AND STAFF

Based on TEA Guidance

FOR PARENTS & STUDENTS:

"Parents must ensure they do not send a student to school on campus if the student has COVID-19 symptoms or is lab-confirmed with COVID-19, and instead should opt to receive remote instruction until the conditions for re-entry are met. Parents may also opt to have their students receive remote instruction if their student has had close contact with an individual who is lab-confirmed with COVID-19 until the 14-day incubation period has passed. Moreover, TPHS will screen students for COVID-19. Screening will be accomplished by asking questions by phone or other electronic methods and/or in person."

FOR STAFF:

Staff must not go on campus if they have COVID-19 symptoms or are lab-confirmed with COVID-19 instead, staff must notify their principal and ask to work remotely until the conditions for re-entry are met. Staff must opt to work remotely if they have had close contact with an individual who is lab-confirmed with COVID-19 until the 14-day incubation period has passed. Moreover, TPHS staff will self-screen for COVID-19. Screening will be accomplished by asking questions by phone or other electronic methods and/or in person.

#### SYMPTOMS OF COVID-19 FOR SCREENING

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. This list does not include all possible symptoms. CDC will continue to update this list as it learns more about COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

▪ Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit	▪ Loss of taste or smell
▪ Cough	▪ Difficulty breathing
▪ Shortness of breath	▪ Fatigue
▪ Headache	▪ Chills
▪ Sore throat	▪ Congestion or runny nose
▪ Shaking or exaggerated shivering	▪ Significant muscle pain or ache
▪ Diarrhea	▪ Nausea or vomiting

If upon screening, a TPHS student's or staff's temperature is at or above 100° and they are exhibiting other COVID-19 symptoms [see chart above], they will not be allowed on a school vehicle, will not be allowed to come into the campus, and will not be allowed to stay in school. Instead, they will be given this medical/safety information sheet, which includes guidelines that they must follow before they are allowed to return to school. In some instances, a release from a medical professional may be required for campus re-entry.

#### PLEASE SEEK EMERGENCY MEDICAL ATTENTION WHEN

You are presenting emergency warning signs for COVID-19. This list is not all possible symptoms.

**Call 911 or call ahead to your local emergency facility:** Notify the operator that you are seeking care for someone who has or may have COVID-19.

**If someone is showing any of these signs, seek emergency medical care immediately:**

▪ Trouble breathing	▪ Inability to wake or stay awake
▪ Persistent pain or pressure in the chest	▪ Bluish lips or face
▪ New confusion	

Please be aware that if you have certain conditions and other risk factors for severe illness from COVID-19, you are at a higher risk of becoming infected.

#### CONDITIONS AND OTHER RISK FACTORS FOR SEVERE ILLNESS FROM COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk-old.html>

▪ Asthma	▪ Liver disease
▪ Chronic kidney disease being treated with dialysis	▪ People in nursing homes or long-term care facilities
▪ Chronic lung disease	▪ People aged 65 years and older
▪ Diabetes	▪ Serious heart conditions
▪ Hemoglobin disorders	▪ Severe obesity
▪ Immunocompromised	



**CAMPUS RE-ENTRY CRITERIA:**

Staff and students, you should stay home throughout the 14 day infection period (includes weekends) if you:	Staff and students, you may return when the following re-entry criteria have been met:
<p>Are lab-confirmed to COVID-19 OR Are waiting for COVID-19 test results OR Are experiencing the symptoms of COVID-19 (listed above) but not evaluated by medical professional or tested for COVID-19 OR Had close contact with someone who was lab-confirmed with COVID-19 <i>[Quarantine period starts from the last day you had contact with the person who was lab-confirmed with COVID-19.]</i></p>	<p><b>Testing available:</b> If you:</p> <ul style="list-style-type: none"> <li>▪ Were lab-confirmed with COVID-19; or experienced the symptoms of COVID-19 (listed above), or had close contact with someone who was lab-confirmed with COVID-19, You may return to school when all three of the following criteria are met: <ol style="list-style-type: none"> <li>1) at least one day ( 24 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications);</li> <li>2) improvement in symptoms (e.g., cough, shortness of breath); <b>and</b></li> <li>3) at least ten days have passed since symptoms first appeared.</li> </ol> </li> </ul> <p>If you:</p> <ul style="list-style-type: none"> <li>▪ Had symptoms that could be COVID-19 or tested negative, and you want to return to school before completing the above stay at home period, you must either: <ol style="list-style-type: none"> <li>1) obtain a medical professional's note clearing you for return based on an alternative diagnosis; <b>or</b></li> <li>2) obtain an acute infection tests at an approved testing location found at <a href="https://tdem.texas.gov/covid-19/">https://tdem.texas.gov/covid-19/</a> that comes back negative for COVID-19.</li> </ol> </li> </ul>
Had close contact with someone who was lab-confirmed with COVID-19 or recently traveled from somewhere outside the U.S. or on a cruise ship or river boat	Fourteen (14) days have passed since the last day you had contact with the person or since you returned home.

**\*Close Contact**

This document refers to "close contact" with an individual who is lab-confirmed to have COVID-19. The definition of close contact is evolving with our understanding of COVID-19, and individual scenarios should be determined by an appropriate public health agency. In general, close contact is defined as:

- a. being directly exposed to infectious secretions (e.g., being coughed on); or
- b. being within 6 feet for a cumulative duration of 15 minutes; however, additional factors like case/contact masking (i.e., both the infectious individual and the potential close contact have been consistently and properly masked), ventilation, presence of dividers, and case symptomology may affect this determination.

Either (a) or (b) defines close contact if it occurred during the infectious period of the case, defined as two days prior to symptom onset to 10 days after symptom onset. In the case of asymptomatic individuals who are lab-confirmed with COVID-19, the infectious period is defined as two days prior to the confirming lab test and continuing for 10 days following the confirming lab test.



## COVID-19 HOJA DE INFORMACION MEDICA/ DE SEGURIDAD

### CRITERIOS DE REINGRESO AL CAMPUS

#### PARA PADRES, ESTUDIANTES Y PERSONAL

Basado en la guía de TEA (Agencia de Educación de Texas)

#### PARA PADRES Y ESTUDIANTES:

"Los padres deben asegurarse de no enviar a un estudiante a la escuela con síntomas de COVID-19 o confirmado por laboratorio con COVID-19 y en su lugar deben optar por recibir instrucción remota hasta que se cumplan las condiciones para el reingreso. Los padres también pueden optar porque sus estudiantes reciban instrucción remota si su estudiante ha tenido contacto cercano con una persona que ha sido confirmada en laboratorio con COVID-19 hasta que haya pasado el período de incubación de 14-días. Además, TPHS examinará a los estudiantes para COVID-19. La evaluación se realizará haciendo preguntas por teléfono, otros métodos electrónicos y / o en persona."

#### PARA EL PERSONAL:

El personal no debe presentarse al campus si tiene síntomas de COVID-19 o si se confirma con el laboratorio con COVID-19, el personal debe notificar a su director y solicitar trabajar de forma remota hasta que se cumplan las condiciones para el reingreso. El personal debe optar por trabajar de forma remota si ha tenido contacto cercano con una persona que ha sido confirmada en laboratorio con COVID 19 hasta que haya pasado el período de incubación de 14 días. Además, el personal de TPHS se auto-examinará para COVID-19. La evaluación se realizará haciendo preguntas por teléfono, otros métodos electrónicos y / o en persona."

#### SINTOMAS DEL COVID-19 PARA REVISION

Las personas con COVID-19 han reportado una amplia gama de síntomas – desde síntomas leves hasta enfermedad grave. Esta lista no incluye todos los síntomas posibles. La CDC continuará actualizando esta lista a medida que se conozca más sobre el COVID-19 <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

▪ Sensación de fiebre o una temperatura medida mayor o igual a 100.0 grados Fahrenheit	▪ Pérdida del sentido del gusto u olor
▪ Tos	▪ Dificultad para respirar
▪ Corta respiración	▪ Cansancio
▪ Dolor de cabeza	▪ Escalofríos
▪ Dolor de garganta	▪ Congestión o escurrimiento nasal
▪ Temblores repetidos con escalofríos	▪ Dolor muscular significativo o dolor
▪ Diarrea	▪ Nausea o vómito

Si después de la evaluación, la temperatura de un estudiante o personal de TPHS es igual o superior a 100.4 grados F y exhiben otros síntomas de COVID 19 [consulte la tabla anterior], no se les permitirá abordar un vehículo escolar, no se les permitirá ingresar al campus, y no se les permitirá permanecer en la escuela. En cambio, se les dará esta hoja de información médica de seguridad que incluye las pautas que deben seguir antes de que se les permita regresar a la escuela.

#### POR FAVOR BUSQUE AYUDA MEDICA DE EMERGENCIA CUANDO:

Está presentando señales de advertencia de emergencia para COVID-19. Esta lista no son todos los síntomas posibles.

**Llame al 911 o llame con anticipación a su centro de emergencia local:** Notifique al operador que está buscando atención para alguien que tiene o puede tener COVID-19.

#### Si alguien muestra alguna de estos signos, busque atención médica de emergencia inmediatamente:

▪ Problemas para respirar	▪ Inhabilidad para despertar o mantenerse despierto
▪ Dolor o presión persistente en el pecho	▪ Labios o cara azulados
▪ Nueva confusión	

Tenga en cuenta que, si tiene ciertas afecciones y otros factores de riesgo de enfermedad grave por COVID 19, tiene un mayor riesgo de infectarse.

#### CONDICIONES Y OTROS FACTORES DE RIESGO DE ENFERMEDAD GRAVE POR COVID 19

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk-old.html>

▪ Asma	▪ Enfermedad hepática
▪ Enfermedad renal crónica en tratamiento con diálisis	▪ Personas en hogares de ancianos o centros de atención a largo plazo
▪ Enfermedad pulmonar crónica	▪ Personas de 65 años de edad o más
▪ Diabetes	▪ Enfermedades cardíacas graves
▪ Trastornos de la hemoglobina	▪ Obesidad severa
▪ Sistema Inmune comprometido	

**CRITERIOS DE REINGRESO AL CAMPUS:**

El personal y los estudiantes deben quedarse en casa durante el período de infección de 14 días (incluidos los fines de semana) si:	El personal y los estudiantes pueden regresar cuando se cumplan los siguientes criterios de reingreso:
<p>Están confirmados en laboratorio con COVID-19 ○</p> <p>Están esperando resultados de la prueba de COVID-19 ○</p> <p>Están experimentando síntomas de COVID-19 (enumerados anteriormente) pero no han sido evaluados por un profesional médico o no han sido evaluados para COVID-19 ○</p> <p>Tuvo contacto cercano con alguien que fue confirmado en laboratorio con COVID-19 <i>[El período de cuarentena comienza desde el último día que tuvo contacto con la persona que fue confirmada en laboratorio con COVID-19.]</i></p>	<p><b>Prueba disponible:</b> Si usted:</p> <ul style="list-style-type: none"> <li>▪ Se confirmó en laboratorio con COVID-19; o experimentó los síntomas de COVID-19 (enumerados anteriormente), o tuvo contacto cercano con alguien que fue confirmado en laboratorio con COVID-19, puede regresar a la escuela cuando se cumplan los tres criterios siguientes:</li> </ul> <ol style="list-style-type: none"> <li>1) ha transcurrido al menos un día (24 horas) desde la recuperación (resolución de la fiebre sin el uso de medicamentos antifebriles);</li> <li>2) mejora en los síntomas (por ejemplo, tos, falta de aliento); <b>y</b></li> <li>3) han transcurrido al menos diez días desde que aparecieron los primeros síntomas.</li> </ol> <p>Si usted:</p> <ul style="list-style-type: none"> <li>▪ Tenía síntomas que podrían ser COVID-19 o resultados negativos, y desea regresar a la escuela antes de completar el período de estadía en el hogar anteriormente explicado, debe:</li> </ul> <ol style="list-style-type: none"> <li>1) Obtener una nota de un profesional médico que lo autorice a regresar basándose en un diagnóstico alternativo; u</li> <li>2) Obtener una prueba de infección aguda en un lugar de prueba aprobado que se encuentra en: <a href="https://tdem.texas.gov/covid-19/that-comes-back-negative-for-covid-19">https://tdem.texas.gov/covid-19/that-comes-back-negative-for-covid-19</a>.</li> </ol>
<p>Tuvo contacto cercano con alguien que fue confirmado en laboratorio con COVID-19 o que viajó recientemente desde algún lugar fuera de los Estados Unidos o viajó en un crucero o barco fluvial.</p>	<p>Han pasado catorce (14) días desde el último día que tuvo contacto con la persona o desde que regresó a su hogar.</p>

**\*Contacto Cercano**

Este documento se refiere al "contacto cercano" con una persona que ha sido confirmada por laboratorio de tener COVID-19. La definición de contacto cercano está evolucionando con nuestra comprensión de COVID-19, y los escenarios individuales deben ser determinados por una agencia de salud pública apropiada. En general, el contacto cercano se define como:

- a. exponerse directamente a secreciones infecciosas (por ejemplo, toser); o
- b. estar dentro de 6 pies por una duración acumulativa de 15 minutos; sin embargo, factores adicionales como el enmascaramiento de caso / contacto (es decir, tanto el individuo infeccioso como el contacto cercano potencial se han enmascarado de manera consistente y adecuada), la ventilación, la presencia de divisores y la sintomatología del caso pueden afectar esta determinación.

Cualquiera de (a) o (b) define el contacto cercano si ocurrió durante el período infeccioso del caso, definido como dos días antes del inicio de los síntomas hasta 10 días después del inicio de los síntomas. En el caso de individuos asintomáticos confirmados en laboratorio con COVID-19, el período infeccioso se define como dos días antes de la prueba de laboratorio de confirmación y continúa durante 10 días después de la prueba de laboratorio de confirmación.