



Safe Return to In-Person Instruction and Continuity of Services Plan

RECORD OF CHANGES

RECORD OF CHANGES

The record of changes captures changes, updates, reviews, and revisions made to this plan, as well as verifies that the plan has been reviewed every six months until September 30, 2023.

CHANGE NUMBER	DATE OF CHANGE	NAME	SUMMARY OF CHANGE
1	01/07/2022	Frances B. Johnson	Updated COVID-19 Response Team with new staff names. Updated plan to align with 01/07/2022 CDC and TEA public health guidance, to include COVID-19 screener and re-entry criteria.
2	07/07/2022	Frances B. Johnson	Reviewed Plan and updated COVID-19 Response Team with new staff names.
3			
4			
5			
6			
7			
8			
9			
10			

Triumph Public High Schools

Safe Return to In-Person Instruction and Continuity of Services Plan

The guidance in this document is authorized by Executive Order GA-38, which has the effect of state law under Section 418.012 of the Texas Government Code. Executive Order GA-38 provides TEA with the legal authority to publish requirements for the operation of public school systems during the COVID-19 pandemic. This document takes effect immediately, replacing all prior guidance. TEA recommends that public school systems consult with their local public health authorities and local legal counsel before making final decisions regarding the implementation of this guidance.

This plan will be reviewed and, as appropriate, revised every six months until September 30, 2023, including stakeholder input and public comment. If Triumph Public High Schools revises its plan, the revised plan will address each of the aspects of safety currently recommended by the CDC (Centers for Disease Control) at the time of the revision or, if the CDC has updated its safety recommendations at the time the TPHS is revising its plan, each of the updated safety recommendations.

This guidance addresses:

- On campus and virtual/remote conferencing instruction
- Administrative activities by teachers, staff, or students that occur on school campuses or virtually/remote conferencing
- Non-UIL extracurricular sports and activities
- Any other activities that teachers, staff, or students must complete that cannot be accomplished virtually/remote conferencing
- Visits by parents and the general public

Public Health Considerations from the CDC

Schools and early care and education (ECE) programs are an important part of the infrastructure of communities. They provide safe, supportive learning environments for children and adolescents and employ teachers and other staff. Schools and some ECE programs also provide critical services, including school meal programs and social, physical, behavioral, and mental health services. Schools and ECE programs have other benefits for the community, including enabling parents, guardians, and caregivers to work. In the spring of 2020, kindergarten to grade 12 (K-12) schools and many ECE programs in the United States closed for in-person instruction or care as a strategy to slow the spread of SARS-CoV-2, the virus that causes COVID-19. Reports suggest that the limited in-person instruction during the pandemic may have had a negative effect on learning for children and on the mental and emotional well-being of both parents and children. For schools and ECE programs, the benefits of in-person school and caregiving need to be balanced against the risk of acquiring and spreading SARS-CoV-2 in these settings.

Globally, K-12 schools and ECE programs used various, layered COVID-19 prevention strategies with in-person, hybrid, and virtual models of instruction and care during the 2020-2021 academic year. Their experiences have contributed to our knowledge of the nature of SARS-CoV-2 transmission in schools, ECE programs, and their surrounding communities.

While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps schools can take to reduce the risks to students, teachers, staff, and their families significantly. The [TPHS- Safe Return to In-Person Instruction and Continuity of Services Plan](#) is a guidance document that contains information on four sets of practices that are highly recommended will minimize the likelihood of viral spread:

- √ **PROVIDE NOTICE:** For parental and public notices
- √ **PREVENT:** Practices to prevent the virus from entering the school
- √ **RESPOND:** Practices to respond to a lab-confirmed case in the school
- √ **MITIGATE:** Practices to reduce likely spread inside the school

The prevention and mitigation practices outlined in this document are designed to significantly reduce the likelihood that a coronavirus outbreak occurs on campus. Some practices are required for all school systems, some are required in areas with high levels of community spread, and some are recommendations. Consistently implementing recommendations to the extent feasible is the best way to reduce the potential negative impact of infection on students' educational experiences. Additionally, systems should consider stringently applying recommended practices to adults on campuses, even when it might not be feasible to do so for students, to more fully protect adult teachers and staff who are generally at greater risk from COVID-19 than students.

There will almost certainly be situations that necessitate temporary remote conferencing due to positive COVID-19 cases in schools. Parents, educators, and school administrators should be prepared for this in the event that it occurs, while actively working to prevent it through prevention and mitigation practices.

TPHS Will

- ✓ Provide Notice: For parental and public notices

Triumph Public High Schools is providing notice to parents, families, and the community regarding back-to-school plans and instruction through this initial document. As further required, one week prior to the start of school, a plan to mitigate COVID-19 will be disseminated via SchoolMessenger to all families and posted on the main charter district and individual campus websites. Preliminary information is posted in this guidance and is subject to change based on state and local decisions.

COVID-19 Response Team – Triumph Public High Schools has developed a COVID-19 Response Team to respond to concerns and communicate district decisions. Members of the team and email addresses are noted below by site, campus and location:

SITE(S) SERVED	NAME	POSITION	EMAIL ADDRESSES
CENTRAL OFFICE LOCATION: SAN ANTONIO, TEXAS			
Serves for All TPHS Sites and TPHS Campuses	Frances Berrones-Johnson	Superintendent/CEO	frances.johnson@triumphpublicschools.org
Serves for All TPHS Sites and TPHS Campuses	Samantha Gonzales	HR Coordinator	samantha.gonzales@triumphpublicschools.org
Serves for All TPHS Sites and TPHS Campuses	AB Barrera	PMDG PR Firm	ab@pmdgagency.com
BUSINESS/PEIMS OFFICE LOCATION: MCALLEN, TX			
TPHS Business/PEIMS Office	Myriam Rios	Finance Officer	myriam.rios@triumphpublicschools.org
CAMPUS LOCATION: EL PASO, TX			
TPHS-El Paso East	Sarah Luna	Principal	sarah.luna@triumphpublicschools.org
TPHS-El Paso West	Francisco Chávez	Principal	francisco.chavez@triumphpublicschools.org
CAMPUS LOCATION: LAREDO, TX			
TPHS-Laredo North	Violeta Menchaca-Villa	Principal	violeta.villa@triumphpublicschools.org
TPHS-Laredo South	Olga Trevino	Interim Principal	olga.trevino@triumphpublicschools.org
CAMPUS LOCATIONS: RIO GRANDE VALLY [MERCEDES, MCALLEN, SAN BENITO, BROWNSVILLE, TX]			
TPHS-Mercedes	Gautier Tirado	Principal	gautier.tirado@triumphpublicschools.org
TPHS-McAllen	Patricia Jasso	Principal	patricia.jasso@triumphpublicschools.org
TPHS-San Benito	Dr. Hans Schuller	Principal	hans.schuller@triumphpublicschools.org
TPHS-Brownsville	Noemi Colmenero	Principal	noemi.colmenero@triumphpublicschools.org
CAMPUS LOCATION: LUBBOCK, TX			
TPHS-Lubbock	Timothy McWilliams	Interim Principal	timothy.mcwilliams@triumphpublicschools.org

TPHS Will

- ✓ Prevent: Practices to prevent the virus from entering the schools, and
- ✓ Mitigate: Practices to reduce likely spread inside the school

Triumph Public High Schools has identified and implemented practices to prevent the virus from entering the school and mitigate or reduce the likely spread inside the school; therefore, charter district practices and guidelines have been established for various areas noted below:

Health and Safety Guidance

- **Social and Emotional Well-Being** – Students’ social and emotional well-being are a top priority. Together, schools and families can support your student during this challenging time. With the endless COVID coverage, it is natural for your student to experience some changes in behavior and mood. Counselors and/or designated staff will continue to work closely with families and students to ease the stress. Keeping routines predictable, sharing COVID facts, making time to listen and share feelings, and reaching out to us for support are all important. We are here for you and your student(s).

Furthermore, students and staff can log on to the Student/Employee Assistance Program for real-time assistance which also features 24/7 telephonic access to experts on child and elder care topics and skilled researchers to provide assistance for any work, personal, or everyday matter that is important to them. They are able to discuss concerns, provide information on options, and then conduct research to find local resources to help TPHS implement an action plan set to support the social, emotional and mental well-being staff, students and their families.

- **Educating Staff and Students** – TPHS teachers and staff have been trained specifically on the protocols outlined in this document and the practices adopted by TPHS. Additionally, while not developed with this exact guidance in mind, teachers and staff viewed the Texas Agri-Life Extension free 2hr. online course on [Special Considerations for Infection Control During COVID-19](#) prior to the first day of instruction.

Conversely, utilizing CDC training resources, TPHS students will be trained on Proper Hand Hygiene, Respiratory Etiquette, How to Properly Wear a Cloth Face Coverings and How to Help Clean and Disinfect Desk and Counter Tops prior to their first day of school in-person attendance.

- **Masks** – Please note, mask provisions of GA-38 are not being enforced as the result of ongoing litigation. Further guidance will be made available after the court issues are resolved and this document will be updated accordingly.

Triumph Public High Schools will allow individuals to wear a mask if they choose to do so. Conversely, TPHS will Strongly Encourage the universal and correct wearing of masks for all students, all staff and visitors.

Consistent and Correct Mask Use

When teachers, staff, and students consistently and correctly wear a mask, they protect others as well as themselves. Consistent and correct mask use is especially important indoors and in crowded settings, when physical distancing cannot be maintained.

- Indoors: CDC recommends indoor masking for all individuals age 2 years and older, including students, teachers, staff, and visitors, regardless of vaccination status.
- Outdoors: In general, people do not need to wear masks when outdoors. CDC recommends that people who are not fully vaccinated wear a mask in crowded outdoor settings or during activities that involve sustained close contact with other people. Fully vaccinated people might choose to wear a mask in crowded outdoor settings if they or someone in their household is immunocompromised.

Exceptions can be made for the following categories of people:

- A person who cannot wear a mask, or cannot safely wear a mask, because of a disability as defined by the Americans with Disabilities Act (ADA) (42 U.S.C. 12101 et seq.). Discuss the possibility of reasonable accommodation with workers who are unable to wear or have difficulty wearing certain types of masks because of a disability.
- A person for whom wearing a mask would create a risk to workplace health, safety, or job duty as determined by the relevant workplace safety guidelines or federal regulations.

During school transportation: CDC's Order applies to all public transportation conveyances including school buses. Passengers and drivers must wear a mask on school buses, including on buses operated by public and private school systems, regardless of vaccination status, subject to the exclusions and exemptions in CDC's Order.

TPHS will provide masks to those students who need them (including on buses and /or school vehicles), such as students who forgot to bring their mask or whose families are unable to afford them. No disciplinary action will be taken against a student who does not have a mask as described in the U.S. Department of Education COVID-19 Handbook, Volume 1.

At TPHS, all adults will be strongly encouraged to wear masks when in the building, classroom, and/or office with others. Exceptions to this requirement include lunch breaks with appropriate social distancing. TPHS teachers may use face shields and will be strongly encouraged to wear a face coverings when a face shield is not worn and will be strongly encouraged to maintain social distancing when providing direct instruction in the classroom. During classroom monitoring and circulations, masks will be strongly encouraged.

Staff and students are advised that re-usable masks and face shields be required to be thoroughly cleaned daily. Sharing of masks with other family members is extremely risky and will be strongly discouraged.

- **Handwashing/Sanitizing** – TPHS students and staff are required to use hand sanitizer when entering a TPHS school vehicle, building, classroom, and/or office. Frequent handwashing and sanitizing will also be incorporated in the daily schedule. Each classroom will be provided with sanitation kits that will be used during transitions. TPHS school vehicles, classrooms, and other common areas within the school will be thoroughly disinfected daily and deep cleaning schedules will be regularly conducted.
- **Temperature Checks/Screening** – Per Center for Disease Control (CDC) guidelines, initial monitoring of symptoms begins at home. Individuals who are feeling ill, including symptoms like fever, cough, shortness of breath, sore throat, abdominal pain, fatigue, muscle aches, or headache, should stay at home and consult with a medical professional regarding school participation.

Temperatures will be taken for each student before riding on a TPHS vehicle. If a student's temperature is at or above 100°, the student will not be allowed on the school vehicle and will be given a medical/safety information sheet with guidelines that must be followed before he/she is allowed to return to school. For students who are dropped off by parents, temperatures will be taken before the student is allowed in the campus. If a student's temperature is at or above 100°, the student will not be allowed to stay in school and will be given a medical/safety information sheet, which, again, must be followed before he/she is allowed to return to school. In some instances, a release from a medical professional may be required.

Based on TEA Guidance:

"As provided in this Department of State Health Services (DSHS) Rule, TPHS will exclude students from attending school in person who are actively sick with COVID-19 or who have received a positive test result for COVID-19, and will immediately notify parents if this is determined while on campus. Parents must ensure they do not send a child to school on campus if the child has COVID-19 symptoms or is test-confirmed with COVID-19, until the conditions for re-entry are met."

DSHS rule including the conditions for ending the exclusion period and returning to school.

- *Coronavirus disease 2019 commonly referred to as COVID-19 is a disease requiring exclusion from school under 25 Tex. Admin. Code § 97.7.*
 - ✓ *A school administrator shall exclude from attendance any child having or suspected of having COVID-19. Exclusion shall continue until the readmission criteria for the conditions are met.*
- *The readmission criteria for COVID-19 is as follows:*
 - ✓ *If symptomatic, exclude until at least 10 days have passed since symptom onset, and fever free*, and other symptoms have improved. Children who test positive for COVID-19 but do not have any symptoms must stay home until at least 10 days after the day they were tested.*
 - ✓ **Fever free for 24 hours without the use of fever suppressing medications. Fever is a temperature of 100° Fahrenheit (37.8° Celsius) or higher.*

During the exclusion period, TPHS will deliver remote instruction consistent with the practice of remote conferencing outlined in the proposed Student Attendance Accounting Handbook (SAAH) rules.

To help mitigate the risk of asymptomatic individuals being on campuses, TPHS may provide and/or conduct recurring COVID-19 testing using rapid tests provided by the state or other sources. Testing can be conducted with staff. With prior written permission of parents, testing can be conducted with students.

TPHS will screen students for COVID-19. Screening will be accomplished by asking questions by phone or other electronic methods and/or in person. The screening questions will also be asked of a student's parent if that parent will be dropping off or picking up their student from inside the school."

TPHS teachers and staff are required to self-monitor. The self-screening includes teachers and staff taking their own temperature. Teachers and staff must report to the campus COVID-19 Response Team member if they themselves have COVID-19 symptoms or are lab-confirmed with COVID-19, and, if so, they must remain off campus until they meet the criteria for re-entry as noted below. Additionally, unvaccinated teachers and staff must report to the school system if they have had close contact with an individual who is lab-confirmed with COVID-19, as defined at the end of this document, and, if so, must remain off campus for **10 5-days**.

Excluding parental drop-off and pick-up, before visitors are allowed onto campuses, TPHS will screen all visitors to determine if the visitors have COVID-19 symptoms or are lab-confirmed with COVID-19, and, if so, they must remain off campus until they meet the criteria for re-entry as noted below. When practical, screening questions may be supplemented with temperature checks of adults.

TPHS COVID-19 Response Team members have been trained to support and assist with identifying and reporting health and safety matters to local medical facilities and to central office.

SYMPTOMS OF COVID-19 FOR SCREENING	
<p><i>People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. This list does not include all possible symptoms. CDC will continue to update this list as it learns more about COVID-19. Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness.</i></p> <p>https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html</p>	
<ul style="list-style-type: none"> ▪ Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit 	<ul style="list-style-type: none"> ▪ Difficulty breathing
<ul style="list-style-type: none"> ▪ Cough 	<ul style="list-style-type: none"> ▪ Fatigue
<ul style="list-style-type: none"> ▪ Shortness of breath 	<ul style="list-style-type: none"> ▪ Chills
<ul style="list-style-type: none"> ▪ Headache 	<ul style="list-style-type: none"> ▪ Congestion or runny nose
<ul style="list-style-type: none"> ▪ Sore throat 	<ul style="list-style-type: none"> ▪ Muscle or body aches
<ul style="list-style-type: none"> ▪ Diarrhea 	<ul style="list-style-type: none"> ▪ Nausea or vomiting
<ul style="list-style-type: none"> ▪ New loss of taste or smell 	

WHEN TO SEEK EMERGENCY MEDICAL ATTENTION	
<p>Look for emergency warning signs for COVID-19. This list is not all possible symptoms. TPHS staff will monitor for any symptoms that are severe or concerning. It is likely that following guidelines for sending staff and students home according to CDC guidelines will prevent a presentation of emergency COVID-19 symptoms on-campus, but TPHS staff and administrators will be aware of when to seek medical attention.</p> <p>Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.</p>	
<p>If someone is showing any of these signs, seek emergency medical care immediately:</p>	
<ul style="list-style-type: none"> ▪ Trouble breathing 	<ul style="list-style-type: none"> ▪ Inability to wake or stay awake
<ul style="list-style-type: none"> ▪ Persistent pain or pressure in the chest 	<ul style="list-style-type: none"> ▪ Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone
<ul style="list-style-type: none"> ▪ New confusion 	

- **Social Distancing** – TPHS staff and students will maintain three feet of social distancing in indoor and outdoor settings, **to the extent possible**. Classrooms will be arranged to allow for three feet of space between seating areas, **as feasible**, and transitions will be monitored at all TPHS campuses. Staggered school start and dismissal times, along with passing periods will be used. TPHS students will be assigned to classroom and student cohorts as much as possible to minimize their interactions with others.

Because of the importance of in-person learning, TPHS will implement physical distancing to the extent possible within our facilities but will not exclude students from in-person learning to keep a minimum distance requirement. In general, CDC recommends people who are not fully vaccinated maintain physical distance of at least three feet from other people

who are not in their household. However, several studies from the 2020-2021 school year show low COVID-19 transmission levels among students in schools that had less than 6 feet of physical distance when the school implemented and layered other prevention strategies, such as the use of masks.

Based on studies from 2020-2021 school year, CDC recommends schools maintain at least 3 feet of physical distance between students within classrooms, combined with indoor mask wearing to reduce transmission risk. For TPHS, when it is not possible to maintain a physical distance of at least 3 feet, such as when schools cannot fully re-open while maintaining these distances, TPHS will layer multiple other prevention strategies, such as screening testing, cohorting, improved ventilation, handwashing and covering coughs and sneezes, staying home when sick with symptoms of infectious illness including COVID-19, and regular cleaning to help reduce transmission risk. A distance of at least 3 feet is recommended between students and teachers/staff, and between teachers/staff who are not fully vaccinated. Mask use by all students, teachers, staff, and visitors is particularly important when physical distance cannot be maintained.

Cohorting: Cohorting means keeping people together in a small group and having each group stay together throughout an entire day. Cohorting can be used to limit the number of students, teachers, and staff who come in contact with each other, especially when it is challenging to maintain physical distancing, such as among young children, and particularly in areas of moderate-to-high transmission levels. The use of cohorting can limit the spread of COVID-19 between cohorts but should not replace other prevention measures within each group. Cohorting people who are fully vaccinated and people who are not fully vaccinated into separate cohorts is not recommended. It is a school’s responsibility to ensure that cohorting is done in an equitable manner that does not perpetuate academic, racial, or other tracking, as described in the U.S. Department of Education COVID-19 Handbook, Volume 1.

- **Personal Protective Equipment** – TPHS staff and students are expected to provide their own masks. If individuals need assistance with this matter, TPHS will have equipment, e.g., masks, sanitizers, etc., available.
- **Students with Health Conditions** – Parents and families know their student’s needs. While TPHS is taking all measures to ensure each student’s safety, parents must place their student’s health needs first. For students with special health care needs, TPHS will evaluate proper documentation to ensure that the student’s academic needs are met in the best instructional setting.

CONDITIONS AND OTHER RISK FACTORS FOR SEVERE ILLNESS FROM COVID-19 https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk-old.html	
▪ Asthma	▪ Liver disease
▪ Chronic kidney disease being treated with dialysis	▪ People in nursing homes or long-term care facilities
▪ Chronic lung disease	▪ People aged 65 years and older
▪ Diabetes	▪ Serious heart conditions
▪ Hemoglobin disorders	▪ Severe obesity
▪ Immunocompromised	

- **COVID-19 Cases** – Triumph Public High Schools will take all safety precautions. However, if a student or staff member tests positive, the following will occur:

Students Who Have COVID-19

As provided in this Department of State Health Services (DSHS) Rule, TPHS will exclude students from attending school in person who are actively sick with COVID-19 or who have received a positive test result for COVID-19, and will immediately notify parents if this is determined while on campus.

However, Parents must ensure they do not send a child to school on campus if the child has COVID-19 symptoms or is test-confirmed with COVID-19, until the conditions for re-entry are met. See the DSHS rule above for more details, including the conditions for ending the exclusion period and returning to school.

During the exclusion period, TPHS will deliver remote instruction consistent with the practice of remote conferencing outlined in the proposed Student Attendance Accounting Handbook (SAAH) rules, as described here. <https://tea.texas.gov/sites/default/files/covid/remote-conferencing-faq.pdf>

To help mitigate the risk of asymptomatic individuals being on campuses, TPHS will provide and/or conduct recurring COVID-19 testing using rapid tests provided by the state or other sources. Testing will be conducted with staff. With prior written permission of parents, testing can be conducted with students.

Students Who Are Close Contacts

As a reference, close contact determinations are generally based on guidance outlined by the CDC, which notes that individuals who are fully vaccinated may not need to follow the stay-at-home period.

WHO IS A CLOSE CONTACT:

- Someone who was within 6 feet of an infected person (laboratory-confirmed or a clinically compatible illness) for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes).
- UNLESS, both the infected individual and the exposed individual(s) correctly and consistently wore well-fitting masks the entire time, then the exposed individual(s) are NOT A CLOSE CONTACT.
- People who have been fully vaccinated are NOT A CLOSE CONTACT.
- People who were previously diagnosed with COVID-19 within the last three months are NOT A CLOSE CONTACT.

Moreover, As noted above, public health authorities will be notified of all positive cases in schools. While school systems are not required to conduct COVID-19 case investigations, local public health entities have authority to investigate cases and are currently engaged in cooperative efforts on that front. Participation by individuals in these investigations remains voluntary. If TPHS is made aware that a student is a close contact, TPHS will notify the student's parents.

~~Parents of students who are determined to be close contacts of an individual with COVID-19 may opt to keep their students at home during the recommended stay-at-home period. Parents who opt to send their children to school in the two weeks following exposure are encouraged to closely monitor their children for symptoms.~~

School systems may choose to require household-based close contact students to stay at home during the below stay-at-home period if they are in an area with high or rising COVID case rates. This applies specifically to students who are close contacts because an individual who lives in the same household is COVID-19 positive.

Independent of whether a school system chooses to implement the above requirement, parents of students who are determined to be close contacts of an individual with COVID-19 may opt to keep their students at home during the recommended stay-at-home period. In cases when it is permitted, parents who opt to send their children to school in the two weeks following exposure are encouraged to closely monitor their children for symptoms.

For individuals who are determined to be close contacts, a 14-day stay-at-home period was previously advised by the CDC based on the incubation period of the virus. CDC has since updated their guidance, and the stay-at-home period can end for students experiencing no symptoms on **Day 10** (includes weekends) after close contact exposure, if no subsequent COVID-19 testing is performed.

Alternately, students can end the stay-at-home period if they receive a negative result from a PCR acute infection test after the close contact exposure ends.

During the stay-at-home period, TPHS will deliver remote instruction consistent with the practice of remote conferencing outlined in the proposed Student Attendance Accounting Handbook (SAAH) rules, as described here. <https://tea.texas.gov/sites/default/files/covid/remote-conferencing-faq.pdf>

Staff Who Have COVID-19 or Who are Close Contacts

Similar to students, TPHS will exclude staff from attending school in person who are actively sick with COVID-19, who are suspected of being actively sick with COVID-19, or who have received a positive test result for COVID-19. ~~Staff may return when the re-entry conditions have been met, as described in the DSHS rule used for students.~~

~~For staff who are not fully vaccinated who meet the close contact threshold with a COVID-19 positive individual, TPHS will recommended that the staff remain off campus during the stay-at-home period.~~

~~For staff who meet the close contact threshold with a COVID-19 positive individual, if these staff continue to work on campus, rapid testing will be performed at the start of the day, at least once every other day until the end of day 10.~~

Based on recent updates from the CDC, staff may return when:

- If symptomatic, at least 5 days have passed since symptom onset, and fever free*, and other symptoms have improved.
- For those with no symptoms, at least 5 days after the day they tested positive.

*Fever free for 24 hours without the use of fever suppressing medications. Fever is a temperature of 100° Fahrenheit (37.8° Celsius) or higher.

Staff who meet the close contact threshold with a COVID-19 positive individual and are in one of the following groups, do not need to stay at home.

- Ages 18 or older and have received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people.
- Was confirmed COVID-19 positive within the last 90 days and has fully recovered.

For staff who meet the close contact threshold with a COVID-19 positive individual who are not in one of the above groups, TPHS will require that staff remain off campus during 5-day stay-at-home period; but upon their return, if available on campus rapid testing may be performed periodically for 5 days post-exposure, with testing on the 5th day recommended.

Campuses and Classrooms

- **Visible Signs and Messages on School Entrances and Restrooms** – TPHS will utilize CDC printed resources or the like such as posters to promote protective measures that will serve as helpful reminders of best practices to include signage that indicates:
 - Stop the spread of germs
 - Proper hand washing
 - Proper wear of a face covering
 - Physical Guides, such as tape on floors or sidewalks and signs on walls, to ensure that staff and students remain at least 6 feet apart in lines and at other times
 - Physical Guides, for creating one way routes in hallways, staircases
- **Cohorts** – When possible, TPHS students and staff will be assigned to cohorts or groups. These cohorts will stay together for defined periods of time. Each cohort will use common areas, such as eating areas, outdoor recreational areas etc., together as a group. This concept is intended to minimize the interactions of cohorts with other TPHS students and staff.
- **Visitors, Drop-off, and Pick-Up** – All TPHS campus visits must be scheduled via an appointment. Sanitizing will occur after each parent meeting. The number of visitors at TPHS will be limited to ensure that students are safe; therefore, alternative meeting options may be scheduled, including virtual meetings. Each school will have procedures in place for daily drop-off and pick-up. This information will be communicated prior to the first day of school during the parent/student orientation process.

Traditional TPHS events such as Open House, Parent Nights, etc., may be conducted virtually or in-person, following CDC guidelines to include pre-screening, temperature checks, and handwashing. TPHS campuses will also use other means to keep parents and families up-to-date and engaged in their student's learning, including online platforms and more traditional means such as telephone communications.

- **Classroom Configurations** – TPHS will arrange student-learning spaces at least three feet apart, **as feasible**. In some instances, common areas may be used for instruction with similar distancing.
- **Restrooms and Water Fountains** – TPHS students' physical needs are extremely important. Social distancing and hand washing will remain the priorities during restroom breaks. Because water dispensers have shared surfaces, these will be disabled/turned off. TPHS students will be provided with other options for hydration. Further information regarding restroom use will be communicated prior to the start of the school year per campus. Information may include that students will not be allowed to utilize restroom facilities during passing time to avoid unnecessary congregation of students. Instead, through a coordinated schedule, students will be allowed to utilize restroom facilities after they have entered their designated classrooms.
- **Materials and Supplies** – TPHS students will be expected to use their own materials and supplies, which will be kept in individually assigned boxes/areas. Sharing of materials **will not** be allowed. In instances where multiple students use technology, books, calculators, etc., proper sanitation protocols will be enforced.
- **Backpacks and Other Personal Items [Not Including PPE]** – TPHS students will not be permitted to bring backpacks and other personal items from home. All supplies will be kept in the classroom to minimize contact. If the campus issues clear backpacks, these will be allowed for students to carry Chromebook and other TPHS issued technology.
- **Additional Instructors in Classrooms** – In certain instances, additional TPHS staff members may be assigned to classrooms to instruct specific students. These individuals will sanitize prior to entering and exiting the classroom, and masks will be strongly encouraged as they interact with students using social distancing.
- **Class Transitions and Other Operations** – TPHS campuses are implementing:
 - Procedures on how staff and students will ENTER facility(ies),
 - Procedures on how staff and students will EXIT facility(ies),
 - Marking hallways with taped arrows to indicate walking direction. If a campus has only one main hallway, a division line will be marked with tape down the center of the hallway to create two lanes. Each lane will be marked with the walking direction.
 - [For facilities with staircases] Marking staircases with tape down the center of the staircase to create two lanes, marking each lane with the walking direction.
 - Thorough ventilation of facilities by opening all doors and windows and turning the fan option on for the central air conditioning/heating systems for the amount of time it takes for a complete air exchange in the building, when possible increase the percentage of outdoor air that circulates into the building ventilation system,
 - Reducing the risk of contamination from door handles and encouraging social distancing, entry doors utilized for morning entry and afternoon dismissal will be kept open. However, because it is still vital to maintain security and access control, any open doors will be continuously monitored by staff to stop unauthorized access and monitor for threats,
 - Outdoor classroom teaching or learning activities as weather permits and if social distancing can be maintained,
 - Keeping doors to classrooms open between classes to minimize contact of doors and door handles by students and staff entering or exiting classrooms.
 - Providing disinfectant to each classroom so that door handles and commonly touched surfaces can be readily disinfected as needed, and
 - Whenever possible, opening windows or otherwise working to improve airflow by allowing outside air to circulate in the building.
- **Field Trips** – TPHS will carry out field trips and other academic/social events while following CDC guidelines, masks, hand sanitization, social distancing etc.

Instructional Models

Triumph Public High Schools is taking multiple precautions to protect both students and staff in school operations. For the 2021-2022 school year, students are expected to participate and remain engaged in high quality instruction whether face-to-face or remote. The following are the approved instructional models:

- **Face-to-Face Instruction** – for in-person, face-to-face instruction, students must attend the required four hours daily, during their scheduled track as with the regular school year, and follow safety, sanitation, and social distancing expectations.
- **Remote Conferencing** – SAAH 12.3.1 Remote Conferencing — This learning model is **temporary** and during this temporary period, it is an extension of the classroom and includes the same high-level expectations for participation and assignments as face-to-face.

TPHS may provide temporary instruction through remote conferencing to a regular education student and may count that instruction as classroom time **only** in the following circumstances:

- The student is unable to attend school because of a temporary medical condition.
- The total amount of remote conferencing instruction does not exceed more than 20 instructional days over the entirety of the school year.

In addition, one of the following must be met:

- The student's temporary medical condition is documented by a physician licensed to practice in the United States. The documentation must include a statement from the physician that the student is to remain confined to their home or to a hospital.
- The student is being excluded from on campus attendance because of a test result, formal diagnosis, or suspicion of having a communicable condition, as outlined in 25 TAC §97.7, and the conditions for readmission outlined therein have not yet been met.
- The student has been identified as a close contact for COVID-19 either by public health, by the school, or by the parent.

If the documented temporary medical condition persists longer than 20 instructional days over the entirety of the school year, a waiver request will be submitted for an extension of remote conferencing beyond the allowable cumulative 20 instructional day period. The waiver request will include an explanation of the circumstances. Waivers will be granted by the Texas Education Agency on a case-by-case basis. A waiver will not be granted by the Texas Education Agency if the student is unable to attend school for a reason other than a medical condition, such as confinement at home for disciplinary reasons.

- **General Education Homebound (GEH)** may be provided for a student at home or hospital bedside and must be provided by a general education teacher. Over the period of his or her confinement, the student must be provided instruction in all core academic subject area courses in which the student is enrolled. In addition, over the period of confinement, the student should be provided instruction in all other courses the student is enrolled in, if possible.

This option is available through the General Education Homebound (GEH) and Compensatory Education Home Instruction (CEHI) program. In order to be eligible for funding, all requirements of the GEH or CEHI program must be met. See 3.7 General Education Homebound (GEH) Program of the Student Attendance Accounting Handbook (SAAH) for GEH program requirements. See Section 9 Pregnancy-Related Services (PRS) of the SAAH for CEHI program requirements.

Any student who is served through the GEH program must meet the following three criteria:

- The student is expected to be confined at home or hospital bedside for a minimum of four weeks. The weeks need not be consecutive.
- The student is confined at home or hospital bedside for medical reasons only.

— The student must have a current medical condition that is documented by a physician licensed to practice in the United States. The student must have a current medical condition that is documented by a physician licensed to practice in the United States. Except in cases of medically fragile students, potential medical conditions or concerns that students may develop medical conditions do not constitute grounds for GEH program eligibility.

- **Remote Homebound Instruction** is another limited option available for students in extremely severe medical circumstances when face-to-face instruction is not possible. TPHS must seek a waiver from the Texas Education Agency and meet all General Education Homebound requirements listed above. It is likely that only a small fraction of students would be eligible for remote homebound instruction.
- **Attendance** – TPHS funding and resources are linked to attendance. Attendance will be taken each day for both on-campus face-to-face **and** remote conferencing to ensure that students are actively engaged. During remote conferencing instruction, students are expected to participate and fully engage as communicated by the teacher to receive attendance credit.

TPHS students participating through remote conferencing will generate attendance by receiving at least four hours of instruction through synchronous instruction each school day. This instruction does not need to be consecutive.

Additionally, attendance will be generated based on whether the student is virtually “present” at the official attendance-taking time. Instruction must be provided synchronously, which means two-way, real-time/live virtual instruction between teachers and students. The instruction cannot be concurrent, which means remote students must not be taught by a teacher who is also teaching in-person students at the same time.

For General Education Homebound Instruction - Students must receive four hours of face-to-face instruction on a weekly basis.

- In cases where students are medically able to receive more than the required minimum four hours of face-to-face instruction, TPHS may provide additional remote instruction. Please note, concurrent instruction is not allowed.

In addition, per Texas Education Code (TEC), §25.092, students must attend 90% of the days a course is offered in order to be awarded credit for the course and/or to be promoted to the next grade. This requirement remains in force during the 2021-2022 school year. This requirement applies to both in-person, face-to-face and remote conferencing instruction.

- **Grading** – State law requires each district to adopt its own grading policies. This policy must require a classroom teacher to assign a grade that reflects the student’s relative mastery of an assignment. Triumph Public High Schools’ grading policies are published annually on the www.triumphpublicschools.org website. Progress reports and report cards, along with parent conferences, will be used to communicate each student’s progress and performance.
- **State and Local Testing** – All TPHS students are expected to follow state and local testing requirements, whether participating in face-to-face or via remote conferencing instruction.

Meals and Transportation

- **Meals** – Triumph Public High Schools must comply with the established local child nutrition guidelines.
Breakfast and Snacks at TPHS - Grab and Go breakfast meals will be provided as first track students enter TPHS and students will eat in designated areas adhering to social distancing at all times.
- **Transportation** – Temperatures will be taken for each student before riding any TPHS school vehicle. If a student’s temperature is at or above 100°, the student will not be allowed on the school vehicle and will be given a medical/safety information sheet with guidelines that must be followed before he/she is allowed to return school.

Seating arrangements will be established to comply with TEA’s social distancing requirements for school transportation. School vehicles will be disinfected after every use.

Electives: P.E., CTE Courses, etc.

- **P.E.** – Details are being developed for Physical Education programs to align with the TEKS course expectations. TPHS will base course expectations on recommended U.I.L. COVID guidelines for athletic programs.
- **CTE Courses** – Certain CTE courses include hands-on experiences. Social distancing and sanitation requirements will be further defined and communicated prior to the beginning of that CTE course. Students enrolled in such CTE courses and are confined to remote conferencing instruction will be asked to complete those hands-on experiences upon their return to on-campus.

Special Programs

- **Program Participation and Services** – Students currently participating in special program services, e.g., special education, 504, Bilingual/ESL, etc., will continue to receive services whether through in-person, face-to-face or remote conferencing instruction. Parent meetings may be held using virtual meeting platforms.
- **Evaluations and Testing** – TPHS protocols have been established to evaluate students who have been referred for special programs. Social distancing and/or personal protective equipment (PPE) will be used, as appropriate.

Extracurricular Activities

- **Extracurricular Activities** – Each program will be evaluated on a case-by-case basis to determine implementation guidelines. Program sponsors will provide information to students and parents/families, as information is available.

TPHS Will:

- ✓ [Respond: Practices to respond to a lab-confirmed case in the school](#)

As previously stated, Triumph Public High Schools will identify and implement responsive actions to address the situation if there are lab-confirmed cases at any TPHS campus or facility.

Based on TEA Guidance: TPHS Will Take the Following Required Actions if Individuals with Lab-Confirmed Cases Have Been in a School:

1. *If an individual who has been in a school is test-confirmed to have COVID-19, TPHS will notify its local health department, in accordance with applicable federal, state and local laws and regulations, including confidentiality requirements of the Americans with Disabilities Act (ADA) and Family Educational Rights and Privacy Act (FERPA).*
2. *Upon receipt of information that any teacher, staff member, student, or visitor at a TPHS campus is test-confirmed to have COVID-19, TPHS will submit a report to the Texas Department of State Health Services via an online form. The report will be submitted each Monday for the prior seven days (Monday-Sunday).*
3. *Consistent with school notification requirements for other communicable diseases, and consistent with legal confidentiality requirements, TPHS will notify all teachers, staff, and families of all students in a classroom or extracurricular or after-school program cohort if a test-confirmed COVID-19 case is identified among students, teachers or staff who participated in those classrooms or cohorts.*

Promoting Vaccination

COVID-19 vaccination among all eligible students as well as teachers, staff, and household members is the most critical strategy to help schools safely resume full operations.

Vaccination is the leading public health prevention strategy to end the COVID-19 pandemic. People who are fully vaccinated against COVID-19 are at low risk of symptomatic or severe infection. A growing body of evidence suggests that people who are fully vaccinated against COVID-19 are less likely to become infected and develop symptoms and are at substantially reduced risk from severe illness and death from COVID-19 compared with unvaccinated people.

Only a small proportion of fully vaccinated people get infected (breakthrough infections), even with the Delta variant. Moreover, when these infections occur among vaccinated people, they tend to be milder than among those who are unvaccinated. However, preliminary evidence suggests that fully vaccinated people who are infected with the Delta variant can be infectious and can spread the virus to others. To reduce the risk of becoming infected with the Delta variant and spreading it to others, students, teachers, and school staff should continue to use layered prevention strategies including universal masking in schools.

People 12 years and older are now eligible for COVID-19 vaccination. TPHS promotes vaccinations among teachers, staff, families, and eligible students by providing information about COVID-19 vaccination, encouraging vaccine trust and confidence, and establishing supportive policies and practices that make getting vaccinated as easy and convenient as possible.

To promote vaccination, TPHS communicates the following:

- Visit [vaccines.gov](https://www.vaccines.gov) to find out where teachers, staff, students, and their families can get vaccinated against COVID-19 in the community and promote COVID-19 vaccination locations near schools.
- Encourage teachers, staff, and families, including extended family members that have frequent contact with students, to get vaccinated as soon as they can.
- Where feasible, has collaborated with state or local public health authorities to serve as COVID-19 vaccination sites, and work with local healthcare providers and organizations, including school-based health centers. Offering vaccines on-site before, during, and after the school day and during summer months can potentially decrease barriers to getting vaccinated against COVID-19.
- Host information sessions to connect parents and guardians with information about the COVID-19 vaccine. Teachers, staff, and health professionals can be trusted sources to explain the safety, efficacy, and benefits of COVID-19 vaccines and answer frequently asked questions.
- Provide students and families flexible options for excused absence to receive a COVID-19 vaccination and for possible side effects after vaccination.
- Work with local partners to offer COVID-19 vaccination for eligible students and eligible family members during pre-sport/extracurricular activity summer physicals.

*COVID-19: SYMPTOM SCREENING TOOL
FOR VISITORS, STUDENTS AND STAFF*



*COVID-19: HERRAMIENTA DE DETECCIÓN DE SÍNTOMAS
PARA VISITANTES, ESTUDIANTES Y PERSONAL*



DATE: ____ / ____ / 20____

COVID-19: SYMPTOM SCREENING TOOL FOR VISITORS, STUDENTS AND STAFF

UPDATED 01/2022

Public Health Consideration from the CDC: Globally, K-12 schools and ECE programs used various, layered COVID-19 prevention strategies with in-person, hybrid, and virtual models of instruction and care during the 2020-2021 academic year. Their experiences have contributed to our knowledge of the nature of SARS-CoV-2 transmission in schools, ECE programs, and their surrounding communities.

While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps schools can take to reduce the risks to students, teachers, staff, and their families significantly.

To this effect, **TRIUMPH PUBLIC HIGH SCHOOLS** as one of the layered COVID-19 prevention strategies is requesting that visitors, students, and staff entering a **TPHS** facility complete the following screening tool:

1. **NAME:** _____ **DATE AND MONTH OF BIRTH (DD/MM):** ____ / ____
Have you washed your hands or used alcohol-based hand rub (ABHR) on entry?

YES: Proceed to question #2.

NO: Please wash your hands or use ABHR before going further.

2. Have you recently begun experiencing any of the following symptoms in a way that is not normal for you?

SYMPTOMS OF COVID-19

- | | |
|---|--|
| <ul style="list-style-type: none"> ▪ Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit ▪ Cough ▪ Shortness of breath ▪ Headache ▪ Sore throat ▪ Shaking or exaggerated shivering ▪ Diarrhea | <ul style="list-style-type: none"> ▪ Loss of taste or smell ▪ Difficulty breathing ▪ Fatigue ▪ Chills ▪ Congestion or runny nose ▪ Significant muscle pain or ache ▪ Nausea or vomiting |
|---|--|

YES: DO NOT PROCEED FURTHER. PLEASE RETURN HOME.

NO: Proceed to question #3.

3. Have you been in close contact with a person who is lab confirmed to have COVID-19 and is still within the required 10-day quarantine timeframe? <https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact>

WHO IS A CLOSE CONTACT:

- Someone who was within 6 feet of an infected person (laboratory-confirmed or a clinically compatible illness) for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes).
- **UNLESS**, both the infected individual and the exposed individual(s) correctly and consistently wore well-fitting masks the entire time, then the exposed individual(s) ARE NOT A CLOSE CONTACT.
- People who have been fully vaccinated ARE NOT A CLOSE CONTACT.
People who were previously diagnosed with COVID-19 within the last three months ARE NOT A CLOSE CONTACT.

YES: DO NOT PROCEED FURTHER. PLEASE RETURN HOME.

NO: Proceed to question #4.

4. If you completed this screening tool without a warning to **PLEASE RETURN HOME**, visitors will be permitted to remain in the facility AND ARE HIGHLY ENCOURAGED to wear a facemask while in the building and must remain in the designated location. Staff and students are HIGHLY ENCOURAGED to wear a facemask/covering while in the building and may report to their designated room. **THANK YOU.**



FECHA: ____ / ____ / 20____

COVID-19: HERRAMIENTA DE DETECCIÓN DE SÍNTOMAS PARA VISITANTES, ESTUDIANTES Y PERSONAL

ACTUALIZADO 01/2022

Consideración de la salud pública del CDC: A nivel mundial, las escuelas K-12 y los programas de ECE utilizaron varias estrategias de prevención de COVID-19 en capas con modelos de instrucción y atención en persona, híbridos y virtuales durante el año académico 2020-2021. Sus experiencias han contribuido a nuestro conocimiento de la naturaleza de la transmisión del SARS-CoV-2 en las escuelas, los programas de ECE y las comunidades circundantes.

Si bien no es posible eliminar todo el riesgo de promover la propagación de COVID-19, la ciencia actual sugiere que hay muchos pasos que las escuelas pueden tomar para reducir significativamente los riesgos para los estudiantes, maestros, personal y sus familias.

A este efecto, TRIUMPH PUBLIC HIGH SCHOOLS, como una de las estrategias de prevención de COVID-19 en capas, solicita que los visitantes, estudiantes y personal que ingresan a una instalación de TPHS completen la siguiente herramienta de detección:

1. NOMBRE: _____ DIA Y MES DE NACIMIENTO (DD/MM): ____ / ____

¿Te has lavado las manos o usado alcohol en gel para las manos al entrar?

SI: Continúe con la pregunta #2.

NO: Favor de lavarse la manos o usar alcohol en gel antes de seguir adelante.

2. ¿Has empezado a experimentar alguno de los siguientes síntomas de una manera que no es normal para ti?

SÍNTOMAS DE COVID-19

- Sensación de fiebre o una temperatura medida mayor o igual a 100.0 grados Fahrenheit
- Tos
- Corta respiración
- Dolor de cabeza
- Dolor de garganta
- Temblores repetidos con escalofríos
- Diarrea

- Pérdida del sentido del gusto u olor
- Dificultad para respirar
- Cansancio
- Escalofríos
- Congestión o escurrimiento nasal
- Dolor muscular significativo o dolor
- Nausea o vómito

SI: NO PROCEDA. POR FAVOR, REGRESE A CASA.

NO: Continúe con la pregunta #3.

3. ¿Ha estado usted en contacto con una persona que está confirmada por un laboratorio que tiene COVID-19 y que todavía está dentro del plazo de cuarentena requerido de 10 días? <https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact>

QUIÉN ES UN CONTACTO CERCANO:

- Alguien que estuvo a 6 pies de una persona infectada (confirmada por laboratorio o una enfermedad clínicamente compatible) por un total acumulativo de 15 minutos o más durante un período de 24 horas (por ejemplo, tres exposiciones individuales de 5 minutos para un total de 15 minutos).
- A MENOS QUE, tanto la persona infectada como la (s) expuesta (s) correcta y consistentemente usaron mascarillas bien ajustadas todo el tiempo, entonces la (s) persona (s) expuesta (s) NO ES UN CONTACTO CERCANO.
- Las personas que han sido completamente vacunadas NO SON UN CONTACTO CERCANO.
Las personas a las que se les diagnosticó previamente COVID-19 en los últimos tres meses NO SON UN CONTACTO CERCANO.

SI: NO PROCEDA. POR FAVOR, REGRESE A CASA.

NO: Continúe con la pregunta #4.

4. Si completó esta herramienta de selección sin una advertencia de **POR FAVOR, REGRESE A CASA**, se les permitirá a los visitantes permanecer en las instalaciones Y ES SUMAMENTE SUGERIDO que usen una máscara facial mientras está en el edificio y debe permanecer en el lugar designado. Para el personal y los estudiantes de la escuela, ES SUMAMENTE SUGERIDO que usen una máscara facial mientras están en el edificio y pueden presentarse en su salón designado. **GRACIAS.**

*COVID-19 MEDICAL/SAFETY INFORMATION SHEET
CAMPUS RE-ENTRY CRITERIA
FOR PARENTS, STUDENTS, AND STAFF*



*COVID-19 HOJA DE INFORMACION MEDICA/ DE SEGURIDAD
CRITERIOS DE REINGRESO AL CAMPUS
PARA PADRES, ESTUDIANTES Y PERSONAL*



COVID-19 MEDICAL/SAFETY INFORMATION SHEET

CAMPUS RE-ENTRY CRITERIA

FOR PARENTS, STUDENTS, AND STAFF

Based on Texas Education Agency (TEA) Guidance

FOR PARENTS & STUDENTS:

As provided in this Department of State Health Services (DSHS) Rule, TPHS will exclude students from attending school in person who are actively sick with COVID-19 or who have received a positive test result for COVID-19, and will immediately notify parents if this is determined while on campus. Parents must ensure they do not send a child to school on campus if the child has COVID-19 symptoms or is test-confirmed with COVID-19, until the conditions for re-entry are met. Moreover, TPHS students will be screened for COVID-19. Screening will be accomplished by asking questions by phone or other electronic methods and/or in person.

FOR STAFF:

Similar to students, TPHS will exclude staff from attending school in person who are actively sick with COVID-19, who are suspected of being actively sick with COVID-19, or who have received a positive test result for COVID-19. Staff may return when the re-entry conditions have been met, as described in the DSHS rule used for students. Moreover, TPHS staff will self-screen for COVID-19. Screening will be accomplished by asking questions by phone or other electronic methods and/or in person.

SYMPTOMS OF COVID-19 FOR SCREENING

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. This list does not include all possible symptoms. CDC will continue to update this list as it learns more about COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

▪ Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit	▪ Difficulty breathing
▪ Cough	▪ Fatigue
▪ Shortness of breath	▪ Chills
▪ Headache	▪ Congestion or runny nose
▪ Sore throat	▪ Muscle or body aches
▪ Diarrhea	▪ Nausea or vomiting
▪ New loss of taste or smell	

If upon screening, a TPHS student's or staff's temperature is at or above 100° and they are exhibiting other COVID-19 symptoms [see chart above], they will not be allowed on a school vehicle, will not be allowed to come into the campus, and will not be allowed to stay in school. Instead, they will be given this medical/safety information sheet, which includes guidelines that they must follow before they are allowed to return to school. In some instances, a release from a medical professional may be required for campus re-entry.

PLEASE SEEK EMERGENCY MEDICAL ATTENTION WHEN

You are presenting emergency warning signs for COVID-19. This list is not all possible symptoms.

Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.

If someone is showing any of these signs, seek emergency medical care immediately:

▪ Trouble breathing	▪ Inability to wake or stay awake
▪ Persistent pain or pressure in the chest	▪ Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone
▪ New confusion	

Please be aware that if you have certain conditions and other risk factors for severe illness from COVID-19, you are at a higher risk of becoming infected.

CONDITIONS AND OTHER RISK FACTORS FOR SEVERE ILLNESS FROM COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk-old.html>

▪ Asthma	▪ Liver disease
▪ Chronic kidney disease being treated with dialysis	▪ People in nursing homes or long-term care facilities
▪ Chronic lung disease	▪ People aged 65 years and older
▪ Diabetes	▪ Serious heart conditions
▪ Hemoglobin disorders	▪ Severe obesity
▪ Immunocompromised	

CAMPUS RE-ENTRY CRITERIA:

<p>Students, you should stay home (will be excluded from attending school) throughout the 10 day infection period (includes weekends) if you:</p>	<p>Students, you may return when the following re-entry criteria have been met:</p>
<p>Are actively sick with COVID-19, OR Have received a positive test result for COVID-19, OR Had close contact with someone who was lab-confirmed with COVID-19 [Quarantine period starts from the last day you had contact with the person who was lab-confirmed with COVID-19.]</p>	<p>If Symptomatic: You may return to school until at least 10 days have passed since symptom onset, and fever free*, and other symptoms have improved.</p> <p>If Tested Positive for COVID-19: If you tested positive for COVID-19; but do not have any symptoms, you may return to school until at least 10 days after the day you were tested.</p> <p>*Fever free for 24 hours without the use of fever suppressing medications. Fever is a temperature of 100° Fahrenheit (37.8° Celsius) or higher.</p> <p>WHO IS A CLOSE CONTACT:</p> <ul style="list-style-type: none"> — Someone who was within 6 feet of an infected person (laboratory-confirmed or a clinically compatible illness) for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes). — UNLESS, both the infected individual and the exposed individual(s) correctly and consistently wore well-fitting masks the entire time, then the exposed individual(s) ARE NOT A CLOSE CONTACT. — People who have been fully vaccinated ARE NOT A CLOSE CONTACT. — People who were previously diagnosed with COVID-19 within the last three months ARE NOT A CLOSE CONTACT.
<p>Staff, you should stay home (will be excluded from attending school) throughout the 5 day infection period (includes weekends) if you:</p>	<p>Staff, you may return when the following re-entry criteria have been met:</p>
<p>Are actively sick with COVID-19, OR Have received a positive test result for COVID-19, OR Had close contact with someone who was lab-confirmed with COVID-19 [Quarantine period starts from the last day you had contact with the person who was lab-confirmed with COVID-19.]</p>	<p>If Symptomatic: You may return to school until at least 5 days have passed since symptom onset, and fever free*, and other symptoms have improved. You must wear a mask for the next 5 days while on campus and if tests are available on campus, test on day 5 of that timeframe.</p> <p>If Tested Positive for COVID-19: If you tested positive for COVID-19; but do not have any symptoms, you may return to school until at least 5 days after the day you were tested. You must wear a mask for the next 5 days while on campus and if tests are available on campus, test on day 5 of that timeframe.</p> <p>*Fever free for 24 hours without the use of fever suppressing medications. Fever is a temperature of 100° Fahrenheit (37.8° Celsius) or higher.</p> <p>WHO IS A CLOSE CONTACT:</p> <ul style="list-style-type: none"> — Someone who was within 6 feet of an infected person (laboratory-confirmed or a clinically compatible illness) for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes). — UNLESS, both the infected individual and the exposed individual(s) correctly and consistently wore well-fitting masks the entire time, then the exposed individual(s) ARE NOT A CLOSE CONTACT. — People who have been fully vaccinated ARE NOT A CLOSE CONTACT. — People who were previously diagnosed with COVID-19 within the last three months ARE NOT A CLOSE CONTACT.



COVID-19 HOJA DE INFORMACION MEDICA/ DE SEGURIDAD

CRITERIOS DE REINGRESO AL CAMPUS

PARA PADRES, ESTUDIANTES Y PERSONAL

Basado en la guía de TEA (Agency de Educación de Texas)

PARA PADRES Y ESTUDIANTES:

Según lo dispuesto en esta Regla del Departamento de Servicios de Salud del Estado (DSHS), TPHS excluirá de la escuela a los estudiantes que estén activamente enfermos con COVID-19 o que hayan recibido un resultado positivo en la prueba para COVID-19, y notificará inmediatamente a los padres si esto se determina en el campus. Los padres deben asegurarse de no enviar a su estudiante a la escuela en el campus si el estudiante tiene síntomas de COVID-19 o se confirma por prueba con COVID-19, hasta que se cumplan las condiciones para el reingreso. Además, los estudiantes de TPHS serán evaluados para COVID-19. La evaluación se logrará haciendo preguntas por teléfono u otros métodos electrónicos y / o en persona.

PARA EL PERSONAL:

Al igual que los estudiantes, TPHS excluirá al personal de asistir a la escuela en persona que esté activamente enfermo con COVID-19, que se sospeche que esté activamente enfermo con COVID-19 o que haya recibido un resultado positivo en la prueba de COVID-19. El personal puede regresar cuando se hayan cumplido las condiciones de reingreso, como se describe en la regla de DSHS utilizada para los estudiantes. Además, el personal de TPHS se autoevaluará para detectar COVID-19. La evaluación se logrará haciendo preguntas por teléfono u otros métodos electrónicos y / o en persona.

SINTOMAS DEL COVID-19 PARA REVISION

Las personas con COVID-19 han reportado una amplia gama de síntomas – desde síntomas leves hasta enfermedad grave. Esta lista no incluye todos los síntomas posibles. La CDC continuará actualizando esta lista a medida que se conozca más sobre el COVID-19 <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

▪ Sensación de fiebre o una temperatura medida mayor o igual a 100.0 grados Fahrenheit	▪ Dificultad para respirar
▪ Tos	▪ Fatiga/ Cansancio
▪ Corta respiración	▪ Escalofríos
▪ Dolor de cabeza	▪ Congestión o escurrimiento nasal
▪ Dolor de garganta	▪ Dolor muscular significativo o dolor
▪ Diarrea	▪ Nausea o vómito
▪ Pérdida del sentido del gusto u olor	

Si después de la evaluación, la temperatura de un estudiante o personal de TPHS es igual o superior a 100.4 grados F y exhiben otros síntomas de COVID 19 [consulte la tabla anterior], no se les permitirá abordar un vehículo escolar, no se les permitirá ingresar al campus, y no se les permitirá permanecer en la escuela. En cambio, se les dará esta hoja de información médica de seguridad que incluye las pautas que deben seguir antes de que se les permita regresar a la escuela.

POR FAVOR BUSQUE AYUDA MEDICA DE EMERGENCIA CUANDO:

Está presentando señales de advertencia de emergencia para COVID-19. Esta lista no son todos los síntomas posibles.

Llame al 911 o llame con anticipación a su centro de emergencia local: Notifique al operador que está buscando atención para alguien que tiene o puede tener COVID-19.

Si alguien muestra alguna de estos signos, busque atención médica de emergencia inmediatamente:

▪ Problemas para respirar	▪ Inhabilidad para despertar o mantenerse despierto
▪ Dolor o presión persistente en el pecho	▪ Piel, labios o lecho ungueal pálidos, grises o azules, según el tono de la piel
▪ Nueva confusión	

Tenga en cuenta que, si tiene ciertas afecciones y otros factores de riesgo de enfermedad grave por COVID 19, tiene un mayor riesgo de infectarse.

CONDICIONES Y OTROS FACTORES DE RIESGO DE ENFERMEDAD GRAVE POR COVID 19

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk-old.html>

▪ Asma	▪ Enfermedad hepática
▪ Enfermedad renal crónica en tratamiento con diálisis	▪ Personas en hogares de ancianos o centros de atención a largo plazo
▪ Enfermedad pulmonar crónica	▪ Personas de 65 años de edad o más
▪ Diabetes	▪ Enfermedades cardíacas graves
▪ Trastornos de la hemoglobina	▪ Obesidad severa
▪ Sistema Inmune comprometido	

CRITERIOS DE REINGRESO AL CAMPUS:

<p>Los estudiantes deben quedarse en casa (no podrán asistir a la escuela) durante el período de infección de 10 días (incluidos los fines de semana) si:</p>	<p>Estudiantes, pueden regresar cuando se hayan cumplido los siguientes criterios de reingreso:</p>
<p>Están activamente enfermos con COVID-19, ○ Han recibido un resultado positivo en la prueba de COVID-19, ○ Tuvo contacto cercano con alguien que fue confirmado por laboratorio con COVID-19 [El período de cuarentena comienza desde el último día que tuvo contacto con la persona que fue confirmada por laboratorio con COVID-19.]</p>	<p>Si es sintomático: Puede regresar a la escuela hasta que hayan pasado por lo menos 10 días desde la aparición de los síntomas, y sin fiebre* y otros síntomas hayan mejorado.</p> <p>Si la prueba es positiva para el COVID-19: Si dio positivo para el COVID-19; pero no tiene ningún síntoma, puede regresar a la escuela hasta por lo menos 10 días después del día en que le hicieron la prueba.</p> <p>*Sin fiebre durante 24 horas sin el uso de medicamentos supresores de fiebre. La fiebre es una temperatura de 100 ° Fahrenheit (3.8 ° Celsius) o más.</p> <p>QUIÉN ES UN CONTACTO CERCANO:</p> <ul style="list-style-type: none"> — Alguien que estuvo a 6 pies de una persona infectada (confirmada por laboratorio o una enfermedad clínicamente compatible) por un total acumulativo de 15 minutos o más durante un período de 24 horas (por ejemplo, tres exposiciones individuales de 5 minutos para un total de 15 minutos). — A MENOS QUE, tanto la persona infectada como la (s) expuesta (s) correcta y consistentemente usaron mascarillas bien ajustadas todo el tiempo, entonces la (s) persona (s) expuesta (s) NO ES UN CONTACTO CERCANO. — Las personas que han sido completamente vacunadas NO SON UN CONTACTO CERCANO. — Las personas a las que se les diagnosticó previamente COVID-19 en los últimos tres meses NO SON UN CONTACTO CERCANO.
<p>El personal debe quedarse en casa (no podrán asistir a la escuela) durante el período de infección de 5 días (incluidos los fines de semana) si:</p>	<p>Personal, puede regresar cuando se hayan cumplido los siguientes criterios de reingreso:</p>
<p>Están activamente enfermos con COVID-19, ○ Han recibido un resultado positivo en la prueba de COVID-19, ○ Tuvo contacto cercano con alguien que fue confirmado por laboratorio con COVID-19 [El período de cuarentena comienza desde el último día que tuvo contacto con la persona que fue confirmada por laboratorio con COVID-19.]</p>	<p>Si es sintomático: Puede regresar a la escuela hasta que hayan pasado por lo menos 5 días desde la aparición de los síntomas, y sin fiebre* y otros síntomas hayan mejorado. Debe usar un cubre bocas durante los próximos 5 días mientras esté en el campus y, si hay pruebas disponibles en el campus, realice la prueba el día 5 de ese período de tiempo.</p> <p>Si la prueba es positiva para el COVID-19: Si dio positivo para el COVID-19; pero no tiene ningún síntoma, puede regresar a la escuela hasta por lo menos 5 días después del día en que le hicieron la prueba. Debe usar un cubre bocas durante los próximos 5 días mientras esté en el campus y, si hay pruebas disponibles en el campus, realice la prueba el día 5 de ese período de tiempo.</p> <p>*Sin fiebre durante 24 horas sin el uso de medicamentos supresores de fiebre. La fiebre es una temperatura de 100 ° Fahrenheit (3.8 ° Celsius) o más.</p> <p>QUIÉN ES UN CONTACTO CERCANO:</p> <ul style="list-style-type: none"> — Alguien que estuvo a 6 pies de una persona infectada (confirmada por laboratorio o una enfermedad clínicamente compatible) por un total acumulativo de 15 minutos o más durante un período de 24 horas (por ejemplo, tres exposiciones individuales de 5 minutos para un total de 15 minutos). — A MENOS QUE, tanto la persona infectada como la (s) expuesta (s) correcta y consistentemente usaron mascarillas bien ajustadas todo el tiempo, entonces la (s) persona (s) expuesta (s) NO ES UN CONTACTO CERCANO. — Las personas que han sido completamente vacunadas NO SON UN CONTACTO CERCANO. — Las personas a las que se les diagnosticó previamente COVID-19 en los últimos tres meses NO SON UN CONTACTO CERCANO.